

# Don't Stop

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 4      級數: Improver  
編舞者: Jay Floyd  
音樂: Don't Stop Movin' - S Club 7



## RIGHT KICK STEP TOUCH, LEFT KICK STEP TOUCH, RIGHT HEEL TOE, STEP ¼ BOUNCING TURN

1&2      Kick right forward, step right, touch left toe behind  
3&4      Kick left forward, step left, touch right toe behind  
5-6      Touch right heel forward, touch right toe behind  
7&8      Step forward right, ¼ turn left with a bounce, bounce

## SYNCOPATED RIGHT ROCK RECOVER TOUCH, TOE TOUCH WITH FULL SPIRAL TURN, SIDE SHUFFLE, ROCK RECOVER

1&2      Syncopated cross right over left, recover to left, touch right to right  
3-4      Touch right behind left, full spiral turn right onto right  
5&6      Shuffle side left, right, left  
7-8      Rock right behind left, recover to left

## SKATE RIGHT, LEFT, SHUFFLE RIGHT. SKATE LEFT, RIGHT, SHUFFLE LEFT

1-2      Step right at forward angle, step left at forward angle  
3&4      Shuffle in place, right left right  
5-6      Step left at forward angle, step right at forward angle  
7&8      Shuffle in place, left right left

## STEP ½ TURN, SHUFFLE FORWARD, LEFT MAMBO CROSS, RIGHT MAMBO CROSS

1-2      Step forward right, turn ½ left onto left  
3&4      Shuffle forward right left right  
5&6      Rock left to left, recover to right, cross step left in front of right  
7&8      Rock right to right, recover to left, cross step right in front of left

## LEFT MAMBO CROSS, RIGHT MAMBO CROSS, STEP ½ TURN, SHUFFLE FORWARD

1&2      Rock left to left, recover to right, cross step left in front of right  
3&4      Rock right to right, recover to left, cross step right in front of left  
5-6      Step forward on left, pivot ½ turn onto right  
7&8      Shuffle forward left right left

## REPEAT