

Don't Stop

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jeremy Oldham (USA)
音樂: Don't Stop 'Til You Get Enough - The Jacksons



GRAPEVINE RIGHT WITH SHIMMY; GRAPEVINE LEFT WITH SHIMMY

1-4 Step right to right side; step left behind right; step right to right side; touch left next to right
Arms: shimmy shoulders with arms out at waist level as you vine
5-8 Step left to left side; step right behind left; step left to left side; touch right next to left
Arms: shimmy shoulders with arms out at waist level as you vine

SKATE FORWARD RIGHT, LEFT, RIGHT, RIGHT; SKATE FORWARD LEFT, RIGHT, LEFT, LEFT

1-4 Skate forward with right; skate forward with left; skate forward with right; repeat count 3
5-8 Skate forward with left; skate forward with right; skate forward with left; repeat count 7

ARMS FOR THE ABOVE COUNTS:

1-2 Make a hitch hiker thumb with the right arm out to right side while pushing left arm down; make a hitchhiker thumb with the left arm out to left side while pushing right arm down
3-4 Repeat count 1 twice
5-8 Repeat counts 1-4 but start with your left hand instead of your right

TURN 1 ¼ RIGHT; MOON WALK BACK

1-4 Step forward on right while turning ¼ right; step back on left while turning ½ turn right; step forward on right while turning ½ right; touch left next to right
5-8 Moonwalk back with left, moonwalk back with right; repeat count 5; hold (feet should be together.)

TOUCH LEFT; TOUCH RIGHT; TOUCH LEFT; KNEE POP; TOUCH RIGHT; TOUCH LEFT; KICK AND PELVIS THRUST

1&2 Touch left to left; step left together; touch right to right
&3&4 Step right together; touch left to left; pop left knee; straighten knee
&5&6 Step left together; touch right to right; step right together; touch left to left
&7&8 Step left together; kick forward right diagonal with right; touch right together but slightly forward while pushing pelvis back; thrust pelvis forward

REPEAT
