

Don't Stop

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音樂: Don't Stop the Music - Lionel Richie



STEP SIDE KNEE OUT IN OUT TURN KICK, COASTER, ½ PIVOT TURN RIGHT

- 1 Stepping right to right side about shoulder width apart placing weight on right toe (your right toe should be angled to the right corner, bend right knee slightly forward also to right corner you will still be facing home wall) weight will be on right toe body leaning to the right, left leg is straight
- 2 Swing right knee in towards left (a.k.a. Elvis knees) at same time straighten body up slightly
- 3 Swing right knee back out to right corner leaning weight over to right again
- 4 Transfer weight onto left by pushing off on right foot, make a ¼ turn right & kick right forward
- 5&6 Right coaster step
- 7-8 Step left forward, make ½ turn right placing weight forward on right

SHUFFLE FORWARD, WHOLE TURN LEFT, TOUCH KICK, COASTER

- 1&2 Shuffle forward on left
- 3-4 Traveling forward make a whole left stepping right-left (or walk forward right-left)
- 5-6 Touch right toe next to left, kick forward with right
- 7&8 Right coaster step

¼ TURN, CROSS SHUFFLE, STEP SIDE, ½ TURN LEFT, CROSS, ¼ TURN RIGHT, STEP FORWARD

- 1-2 Step left forward, make ¼ turn right
- 3&4 Cross left over right, step right to right side, cross left over right
- 5-6 Step right to right side, make ½ turn left & step forward on left
- 7&8 Cross right over left, make ¼ turn right stepping back on left, step forward on right

2 TOE HEEL STRUTS FORWARD WITH "ATTITUDE", KICK BALL TOUCH, ROCK STEP TOUCH

- 1-2 Left toe heel strut traveling forward
- 3-4 Right toe heel strut traveling forward
- For a bit of attitude try rolling left knee left on left strut & right knee right on right strut**
- 5&6 Kick forward with left, step left in place, touch right toe next to left
- &7-8 On the & count rock back on right, replace weight on left, touch right next to left

REPEAT

TAG

On the 9th wall the music changes. You will do the first 23 counts of the dance, up to cross right over left in the 3rd section, then step back on left, touch right next to left, you then start the dance from the very beginning, you will be facing the back wall when you do this, you only do this once, so on the 9th wall the 3rd section of 8 will read:

- 1-2 Step left forward, make ¼ turn right
- 3&4 Cross left over right, step right to right side, cross left over right
- 5-6 Step right to right side, make ½ turn left & step forward on left
- 7&8 Cross right over left, step back on left, touch right toe next to left