

Don't Sit Around And Dream

COPPER KNOB
BY STEPHEN BENTZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Craig Bennett (UK)
音樂: The Natural Thing - Bryan White



RIGHT SIDE SHUFFLE, ¼ SIDE SHUFFLE LEFT, RIGHT JAZZ BOX

1&2 Step right to right side, step left beside right, step right to right side
3&4 Make a ¼ turn left stepping left to left side, step right beside left, step left to left side
5-6 Cross step right over left, step back on left
7-8 Step right to right side, step left beside right

RIGHT LOCK STEP FORWARD, LEFT LOCK STEP FORWARD, ROCK RECOVER, STEP, ROCK RECOVER, STEP

9&10 Step right forward, lock left behind right, step right forward
11&12 Step left forward, lock right behind left, step left forward
13-14& Rock forward on right, recover weight on to left, step right beside left
15-16& Rock forward on left, recover weight on to right, step left beside right

STEP, ½ PIVOT, RIGHT SHUFFLE- LEFT, BUMP HIPS (LEFT, RIGHT, LEFT, RIGHT)

17-18 Step forward right, pivot ½ turn left
19&20 Step right forward, left together, right forward
21-22 Bump hips to left, the to right
23-24 Repeat counts 21-22

ROCK, RECOVER, SHUFFLE ½ TURN LEFT, RIGHT JAZZ BOX WITH ½ TURN RIGHT

25-26 Rock forward on left, recover weight on right
27&28 Shuffle ½ turn left stepping left-right-left
29-30 Cross step right over left, step back on left
31-32 Make ½ turn right stepping forward right, step left beside right

REPEAT
