Don't Mess With Jim



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Sarah Byrne (UK)

音樂: Don't Mess Around With Jim - Jim Croce



STEP RIGHT, CLAP, LEFT CLAP, MAMBO ROCK WITH DOUBLE CLAP.

1-4 Step forward on right, clap. Step forward on left, clap.

5-8 Rock forward on right, return weight onto left, step back on right, two claps (&8)

BACK SHUFFLE, ROCK STEP, SHUFFLE FORWARD STEP PIVOT TURN

1&2-3-4 Shuffle back on left, stepping left, right, left. Rock back onto right, return weight forward onto

left.

5&6-7-8 Shuffle forward on right, stepping right, left, right. Step forward left and pivot ½ turn right

1/2 TURNING SHUFFLE, ROCK STEP, POINT STEPS

1&2	Make ½ turn right as you shuffle on left, left, right, left
3-4	Rock back onto right, return weight forward to left
5-6	Point right toe out to side, step right beside left
7-8	Point left toe out to left side, step left beside right

POINT TURN, COASTER STEP, STEP, HOLD, ROCK STEP

1-2	Point right toe out t	n right side	leave toe and	turn 1/2 right	(weight on left)
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3&4 Step back right, together with left, forward on right

5-6 Step forward on left, hold

7-8 Rock forward on right, return weight back onto left

STEP HOLD, ROCK STEP. MAMBO 1/2 TURNS

1-2 Step back on right, hold

3-4 Rock back on left, return weight forward onto right

Step forward on left, pivot ½ turn right, step left next to right

Step forward on right, pivot ½ turn left, step right next to left

STEP LOCK, STEP HITCH TWICE TRAVELING TO DIAGONALS

1-4 Step left forward to left diagonal, lock step right behind, step left foot forward, hitch right knee

up

5-8 Step right forward to right diagonal, lock step left behind, step right foot forward, hitch left

knee up

JAZZ JUMPS FORWARD AND BACK, TOE STRUTS BACK

&1-2	Jump forward leading with left foot, step right next to left, clap
&3-4	Jump back leading with left foot, step right next to left, clap
5-8	Step back on right toe, drop heel. Step back on left toe, drop heel

KICK BACK, KICK BACK, ROCK STEP, FORWARD STEPS

1-4	Kick right foot forward, step back on right, kick left foot forward, step back on left
5-8	Rock back on right return weight forward onto left, walk forward right, walk forward left

REPEAT