

Don't Mess It Up

拍數: 32 牆數: 2 級數:
編舞者: Mare Dodd (USA)
音樂: Just Let Me Be In Love - Tracy Byrd



CROSS, TURN, HEEL, STEP, TURN, COASTER, TURN, TOUCH

1&2 Cross right over left, step back on left as you turn $\frac{1}{4}$ right, touch right heel forward (facing 3:00)

&3-4 Quick step down on right, step forward on left, turn $\frac{1}{2}$ left on ball of left foot (facing 9:00)

You can either hitch the right or ronde as you turn

5&6 Right coaster: step back on right, step left beside right, step right forward

7-8 Turn $\frac{1}{4}$ left as you step forward on left, touch right toe to right side (facing 6:00)

TURN, COASTER, TURN, TOUCH, CROSS, TURN, STEP, FULL TURN

&1 Turn $\frac{1}{2}$ left on ball of left foot, step down on right (facing 12:00)

2&3 Left coaster: step back on left, step right beside left, step left forward

&4 Turn $\frac{1}{4}$ left on ball of left, touch right to right side (facing 9:00)

5&6 Cross right over left, turn $\frac{1}{2}$ right as you step back on left, step down on right (facing 3:00)

7-8 Turn full turn right, stepping left & right (facing 3:00)

STEP, TURN, TURN -TOUCH, CROSS, TURN-TOUCH, CROSS, TURN-TOUCH, CROSSING SHUFFLE

1&2 Step forward on left, turn $\frac{1}{2}$ right as you step forward on right (facing 9:00), turn $\frac{1}{4}$ right as you touch left toes to left side (facing 12:00)

3-4 Cross left over right, turn $\frac{1}{4}$ left as you touch right toes to right side (facing 9:00)

5-6 Cross right over left, turn $\frac{1}{4}$ right as you touch left toes to left side (facing 12:00)

7&8 Cross left over right, step right to right side, cross left over right

SIDE ROCK-RECOVER, CROSSING SHUFFLE, STEP-TURN, SHUFFLE FORWARD

1-2 Rock right to right side, recover back on left

3&4 Cross right over left, step left to left side, cross right over left

5-6 Step forward on left, turn $\frac{1}{2}$ right as you step forward on right (facing 6:00)

7&8 Left shuffle forward: step left forward, step right beside left, step left forward

REPEAT