

Don't Mean Nothin' (P)

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 0 級數: Partner
編舞者: Steve Mason (UK) & Catherine Wake (UK)
音樂: Life Don't Have to Mean Nothin' at All - Joe Nichols



Position: Single hand hold man's right, lady's left, both facing forward line of dance, Lady's & man's steps are virtually mirror image, man starts on left foot, lady on right foot

MAN

WALK, WALK, LEFT SHUFFLE, FORWARD ROCK, RECOVER, ½ TURN SHUFFLE

- 1-2 Step forward on left foot, step forward on right foot,
3&4 Shuffle forward on left, right, left foot
5-6 Rock step forward on right foot, recover weight to left foot
7&8 Triple step right left right feet making ½ right to face RLOD swapping hand hold to left hand

LADY

WALK, WALK, RIGHT SHUFFLE, FORWARD ROCK, RECOVER, ½ TURN SHUFFLE

- 1-2 Step forward on right foot, step forward on left foot,
3&4 Shuffle forward on right, left, right foot
5-6 Rock Step forward on left foot, recover weight to right foot
7&8 Triple step left right left feet making ½ left to face RLOD swapping hand hold to right hand

MAN

FORWARD ½ PIVOT, ¼ TURN SIDE SHUFFLE, BEHIND, SIDE, ¼ TURN, FORWARD SHUFFLE

- 9-10 Step forward on left foot, pivot ½ turn right, dropping hand hold
11&12 Make a further ¼ turn right to face each other (OLOD) picking up both hands stepping left foot to left side, close right foot to left foot, step left foot to left side
13-14 Cross step right foot behind left foot, step left foot forward ¼ turn left (LOD) dropping left hand
15&16 Shuffle forward on right, left, right foot

LADY

FORWARD ½ PIVOT, ¼ TURN SIDE SHUFFLE, BEHIND, SIDE, ¼ TURN, FORWARD SHUFFLE

- 9-10 Step forward on right foot, pivot ½ turn left, dropping hand hold
11&12 Make a further ¼ turn left to face each other (ILOD) picking up both hands stepping right foot to right side, close left foot to right foot, step right foot to right side
13-14 Cross step left foot behind right foot, step right foot forward ¼ turn right (LOD) dropping right hand
15&16 Shuffle forward on left, right, left foot,

MAN

FORWARD, KICK, ¼ TURN RIGHT SIDE, TOUCH, FORWARD, KICK, BACK, TOUCH

- 17-18 Step forward on left foot, kick right foot forward
19-20 Make a ¼ turn right joining left hand & step right foot to right side (ILOD), touch left foot beside right foot
21-22 Step diagonally right forward on left foot, kick right foot diagonally forward (lady will be to your left side)
23-24 Step back on right foot, touch left foot beside right foot

LADY

FORWARD, KICK, ¼ TURN LEFT SIDE, TOUCH, FORWARD, KICK, BACK, TOUCH

- 17-18 Step forward on right foot, kick left foot forward
19-20 Make a ¼ turn left joining right hand & step left foot to left side (OLOD), touch right foot beside left foot
21-22 Step diagonally right forward on right foot, kick left foot diagonally forward (man will be to your left side)

23-24 Step back on left foot, touch right foot beside left foot

MAN

FORWARD, ½ TURN, TOUCH, FORWARD, KICK, BACK, TOUCH

25-26 Step forward on left foot, make ½ turn left stepping back on right foot, lifting left hand & drop right hand (ILOD)

27-28 Step back on left foot, touch right foot beside left foot, pick up right hand hold

29-30 Step forward diagonally right on right foot, kick left foot diagonally forward (lady will be to your left side)

31-32 Step back on left foot, touch right foot beside left foot

LADY

FORWARD, ½ TURN, TOUCH, FORWARD, KICK, BACK, TOUCH

25-26 Step forward on right foot, make ½ turn right stepping back on left foot, lifting right hand & drop left hand (OLOD)

27-28 Step back on right foot, touch left foot beside right foot, pick up left hand hold

29-30 Step forward diagonally right on left foot, kick right foot diagonally forward, (man will be to your left side)

31-32 Step back on right foot, touch left foot beside right foot

MAN

FORWARD, ½ TURN, TOUCH, ¼ TURN LEFT SHUFFLE FORWARD TWICE

33-34 Step forward on right foot, make ½ turn left stepping back on left foot, lifting left hand & drop right hand (OLOD)

35-36 Step back on right foot, touch left foot beside right foot, pick up right hand

37&38 Make a ¼ turn left dropping left hand shuffle forward on left, right, left foot, raise right hand

39&40 Shuffle forward on right, left, right foot

LADY

FORWARD, ½ TURN, TOUCH, ¼ TURN LEFT SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE

33-34 Step forward on left foot, make ½ turn right stepping back on right foot, lifting right hand & drop left hand (ILOD)

35-36 Step back on left foot, touch right foot beside left foot, pick up left hand

37&38 Make a ¼ turn right dropping right hand shuffle forward on right, left, right foot, raise left hand

39&40 Making ½ turn right shuffle on left, right, left foot, (RLOD)

MAN

FORWARD SHUFFLE, SHUFFLE BACK, ROCK BACK, RECOVER, FORWARD, ½ PIVOT

41&42 Shuffle forward on left, right, left foot, drop right hand hold & pick up left hand hold

43&44 Making ½ left shuffle back on right, left, right foot, (reverse LOD)

45-46 Rock back on left foot, recover weight forward to right foot

47-48 Step forward on left foot, dropping hands pivot ½ turn right

LADY

½ TURN SHUFFLE, SHUFFLE BACK, ROCK BACK, RECOVER, FORWARD, ½ PIVOT

41&42 Shuffle back on, right, left, right foot (RLOD), drop left hand hold & pick up right hand

43&44 Shuffle back on, left, right, left foot

45-46 Rock back on right foot, recover weight forward to left foot,

47-48 Step forward on right foot, dropping hands pivot ½ turn left

REPEAT
