Don't Mean Nothin' (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Steve Mason (UK) & Catherine Wake (UK)

音樂: Life Don't Have to Mean Nothin' at All - Joe Nichols



Position: Single hand hold man's right, lady's left, both facing forward line of dance, Lady's & man's steps are virtually mirror image, man starts on left foot, lady on right foot

MAN

WALK, WALK, LEFT SHUFFLE, FORWARD ROCK, RECOVER, ½ TURN SHUFFLE

1-2 Step forward on left foot, step forward on right foot,

3&4 Shuffle forward on left, right, left foot

5-6 Rock step forward on right foot, recover weight to left foot

7&8 Triple step right left right feet making ½ right to face RLOD swapping hand hold to left hand

LADY

WALK, WALK, RIGHT SHUFFLE, FORWARD ROCK, RECOVER, ½ TURN SHUFFLE

1-2 Step forward on right foot, step forward on left foot,

3&4 Shuffle forward on right, left, right foot

5-6 Rock Step forward on left foot, recover weight to right foot

7&8 Triple step left right left feet making ½ left to face RLOD swapping hand hold to right hand

MAN

FORWARD ½ PIVOT, ¼ TURN SIDE SHUFFLE, BEHIND, SIDE, ¼ TURN, FORWARD SHUFFLE

9-10 Step forward on left foot, pivot ½ turn right, dropping hand hold

11&12 Make a further ¼ turn right to face each other (OLOD) picking up both hands stepping left

foot to left side, close right foot to left foot, step left foot to left side

13-14 Cross step right foot behind left foot, step left foot forward ¼ turn left (LOD) dropping left

hand

15&16 Shuffle forward on right, left, right foot

LADY

FORWARD ½ PIVOT, ¼ TURN SIDE SHUFFLE, BEHIND, SIDE, ¼ TURN, FORWARD SHUFFLE

9-10 Step forward on right foot, pivot ½ turn left, dropping hand hold

11&12 Make a further ¼ turn left to face each other (ILOD) picking up both hands stepping right foot

to right side, close left foot to right foot, step right foot to right side

13-14 Cross step left foot behind right foot, step right foot forward ¼ turn right (LOD) dropping right

hand

15&16 Shuffle forward on left, right, left foot,

MAN

FORWARD, KICK, 1/4 TURN RIGHT SIDE, TOUCH, FORWARD, KICK, BACK, TOUCH

17-18 Step forward on left foot, kick right foot forward

19-20 Make a ¼ turn right joining left hand & step right foot to right side (ILOD), touch left foot

beside right foot

21-22 Step diagonally right forward on left foot, kick right foot diagonally forward (lady will be to your

left side)

23-24 Step back on right foot, touch left foot beside right foot

LADY

FORWARD, KICK, 1/4 TURN LEFT SIDE, TOUCH, FORWARD, KICK, BACK, TOUCH

17-18 Step forward on right foot, kick left foot forward

19-20 Make a ¼ turn left joining right hand & step left foot to left side (OLOD), touch right foot

beside left foot

21-22 Step diagonally right forward on right foot, kick left foot diagonally forward (man will be to

your left side)

MAN	
FORWARD, ½ TURN, TOUCH, FORWARD, KICK, BACK, TOUCH	
25-26	Step forward on left foot, make ½ turn left stepping back on right foot, lifting left hand & drop
	right hand (ILOD)
27-28	Step back on left foot, touch right foot beside left foot, pick up right hand hold
29-30	Step forward diagonally right on right foot, kick left foot diagonally forward (lady will be to your
	left side)
31-32	Step back on left foot, touch right foot beside left foot
LADY	
FORWARD, ½ TURN, TOUCH, FORWARD, KICK, BACK, TOUCH	
25-26	Step forward on right foot, make $\frac{1}{2}$ turn right stepping back on left foot, lifting right hand & drop left hand (OLOD)
27-28	Step back on right foot, touch left foot beside right foot, pick up left hand hold
29-30	Step forward diagonally right on left foot, kick right foot diagonally forward, (man will be to your left side)
31-32	Step back on right foot, touch left foot beside right foot
MAN	
FORWARD, ½ TURN, TOUCH, ¼ TURN LEFT SHUFFLE FORWARD TWICE	
33-34	Step forward on right foot, make ½ turn left stepping back on left foot, lifting left hand & drop right hand (OLOD)
35-36	Step back on right foot, touch left foot beside right foot, pick up right hand
37&38	Make a 1/4 turn left dropping left hand shuffle forward on left, right, left foot, raise right hand
39&40	Shuffle forward on right, left, right foot
LADY	
FORWARD, ½ TURN, TOUCH, ¼ TURN LEFT SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE	
33-34	Step forward on left foot, make $\frac{1}{2}$ turn right stepping back on right foot, lifting right hand & drop left hand (ILOD)
35-36	Step back on left foot, touch right foot beside left foot, pick up left hand
37&38	Make a ¼ turn right dropping right hand shuffle forward on right, left, right foot, raise left hand
39&40	Making ½ turn right shuffle on left, right, left foot, (RLOD)
MAN	
FORWARD SHUFFLE, SHUFFLE BACK, ROCK BACK, RECOVER, FORWARD, ½ PIVOT	
41&42	Shuffle forward on left, right, left foot, drop right hand hold & pick up left hand hold
43&44	Making ½ left shuffle back on right, left, right foot, (reverse LOD)
45-46	Rock back on left foot, recover weight forward to right foot
47-48	Step forward on left foot, dropping hands pivot ½ turn right
LADY	
½ TURN SHUFFLE, SHUFFLE BACK, ROCK BACK, RECOVER, FORWARD, ½ PIVOT	
41&42	Shuffle back on, right, left, right foot (RLOD), drop left hand hold & pick up right hand
43&44	Shuffle back on, left, right, left foot

Rock back on right foot, recover weight forward to left foot,

Step forward on right foot, dropping hands pivot $\frac{1}{2}$ turn left

Step back on left foot, touch right foot beside left foot

REPEAT

45-46 47-48

23-24