

Don't Make Me Beg

COPPER KNOB
STEPSHETS

拍數: 72 牆數: 4 級數: Improver
編舞者: Rebecca Basham (USA)
音樂: Don't Make Me Beg - Steve Holy



LEFT SIDE CHASSES

1-2-3-4 Step left to left; step right together; step left to left; hold
5-6-7-8 Step right together; step left to left; step right together; hold

TWIST, STEP, HOLD, STEP, HOLD

9-10-11-12 Twist down while swiveling heels left; twist down while swiveling heels right; twist up while swiveling heels left; twist up while swiveling heels to center
13-14-15-16 Step right forward; hold; step left forward; hold

KICK, KICK, ROCK STEP, ¼ PIVOT, ¼ PIVOT

17-18-19-20 Kick right forward; kick right forward; rock back on right; recover left
21-22-23-24 Step right forward; pivot ¼ left; step right forward; pivot ¼ left

CHARLESTON STEP

25-26-27-28 Step right forward; hold; bring left knee up; kick left
29-30-31-32 Step left toe back; step left heel down; step right toe back; hold

CHARLESTON STEP

33-34-35-36 Step right forward; hold; bring left knee up; kick left
37-38-39-40 Step left toe back; step left heel down; step right toe back; hold

SCISSOR STEPS

41-42-43-44 Step right slightly forward; turn slightly left; step right over left; hold
45-46-47-48 Step left slightly forward; turn slightly right; step left over right; hold

DIAGONAL ROCK STEPS

49-50-51-52 Rock right diagonally forward; recover left; step right diagonally back; hold
53-54-55-56 Rock left diagonally back; recover right; step left diagonally forward; hold

STEP DRAG, RHUMBA BOX

57-58-59-60 Step right forward; drag left behind right; step right forward; hold
61-62-63-64 Step left to left; step right together; step left forward; hold

RHUMBA BOX, STEP WITH ¼ TURN, HOLD, STEP, HOLD

65-66-67-68 Step right to right; step left together; step right back; hold
69-70-71-72 Turn ¼ left and step left; hold; step right; hold

REPEAT
