Don't Make Me Beg



拍數: 0 牆數: 4 級數:

編舞者: Buffalo Girls

音樂: Don't Make Me Beg - Steve Holy



Sequence: AAB, AAB, AA, A (counts 1-32), BBB

PART A

CHARLESTON, TOE STRUTS, ROCK-SIDE-CROSS

1-4	Step forward right.	hold, kick left forward	(looking up diagonally), hold	

5-8 Step back on left (look straight ahead), hold, touch right toe behind (grab the side brim of hat

with both hands & look down), hold

9-12 (Remove head from hat keeping hat stationary & look forward) step right toe forward, bring

heel down, step left toe forward, bring heel down (hat starts out from body but you strut into it

until it is held with both hands against your chest)

13-16 Rock to side on right, recover to left, cross right over left, hold (during these 4 beats swing

hat, with both hands still on side brim, out to the right in the start of an circle to the left 1, up 2

to the left to complete the circle 3, back against chest 4)

ROCK-SIDE-CROSS, UNWIND, ROCK, SCUFF, GALLOP-APART, SWIVEL

17-20	Rock to side on left, recover to right, cross left over right, hold (repeat last 4 beats hat work to

left in a circle to the right)

21-24 Unwind ½ to the right (grabbing front crown of hat with right hand) hold (place left hand on

buckle) jump back on right, recover to left

Scuff right next to left, raise right knee up parallel to floor, step right shoulder width apart &27-28

Raise left knee up to level, step left shoulder width apart, hold positioning weight to center

29-32 Swivel heels right-left-right-left end facing diagonally right (during these 4 beats hold hat in

front of right side of body parallel to floor with crown up & swing by twisting wrist up right 1 up

left 2, up right 3, up left 4)

DIAGONAL LOCKS, DIAGONAL SWIVEL HOLDS, SWIVEL WALK

33-34	Moving forward diagonally right step forward right (lower head & raise hat), lock left behind

right (place hat on head)

35-36 Step right forward (secure hat on head), turn ¼ left scuffing left forward (raise head & place

right hand on buckle)

37-38 Step left forward, lock right behind left

39-40 Step left forward, turn ¼ right scuffing right forward

Step right forward placing right hand on right thigh, hold, swiveling right heel ¼ right & step

forward on left placing left hand on left thigh, hold

Swiveling left heel ¼ left step forward right, swiveling right heel ¼, right step forward left

Swiveling left heel ¼ left step forward right, swiveling right heel ¼, right step left together

bringing both hands back to buckle on 8 (drop chin to chest on 8)

SWIVEL SIDE, TOE-KNEE, 1/2 MONTEREY, TOE-KNEE, STOMP, HOLD

49-52	Swivel heels left, toes left, heels left, hold
53-56	Swivel heels right, toes right, heels right & look up, hold
57-58	Touch right toe to side, raise right knee up & across left

59&60 Touch right toe to side, on ball of left pivot ½ to the right, step right next to left

Touch left toe to side, raise left knee up & across right
Turning ¼ to the left on ball of right stomp forward left, hold

PART B

BACK-DRAGS, ROCK, VINE, ROCK

1-4	Step back diagonally right on right (extending left hand out diagonally left), drag left heel to right for 3 beats (drag left hand to heart for 3 beats)		
5-8	Repeat last 4 beats for the left		
9-10	Rock right to side (clicking right hand at shoulder height & putting left on buckle), recover to left (place right hand on buckle)		
11-12	Step right behind left, step left to side		
13-14	Step right over left, rock left to side (look left)		
15-16	Recover to right (look front), step left behind right		
VINE, ROCK, STOMP-CLAPS, DOUBLE PIVOT			
17-20	Step right to side, step left over right, rock right to side, recover to left		
21-24	Stomp forward right bending knees, clap, step left together straightening knees, clap		
25-28	Repeat last 4 beats		
29-32	Step forward right, pivot ½ to the left, step forward right, pivot ½ to the left		