

# Don't Look Back

拍數: 0                      牆數: 4                      級數: Intermediate  
編舞者: Carol Patterson (UK) & Kumari Tugnait (UK)  
音樂: Don't Look Back - Lucie Silvas



Sequence: AABCC, ABCC, AB, C to end

## PART A

### SKATES FORWARD, RIGHT SHUFFLE FORWARD, LEFT ROCK RECOVER, LEFT COASTER

1-2                      Slide forward on right, slide forward on left  
3&4                      Step forward on right, close step left next to right, step forward on right  
5-6                      Rock forward on left, recover back on right  
7&8                      Step back on left, step right beside left, step forward on left

Option: can be replaced with full triple turn left

### RIGHT ROCK FORWARD RECOVER, ¼ SIDE SHUFFLE RIGHT, LEFT SIDE ROCK RECOVER, RIGHT SIDE ROCK RECOVER

1-2                      Rock forward on right, recover back on left  
3&4                      Step right to side making a ¼ turn right, close step left next to right, step right to right side  
5-6&                      Step left to left side, rock right behind left, recover on left  
7-8&                      Step right to right side, rock left behind right, recover on right

### SIDE STEP LEFT, TOUCH BACK UNWIND FULL TURN RIGHT, LEFT SIDE SHUFFLE, ROCK BACK RIGHT RECOVER LEFT, ROCK BACK LEFT RECOVER RIGHT

1-2&                      Step left foot to left side, touch right foot behind left and unwind full turn right (weight ends right)  
3&4                      Step left to left side, close step right beside left, step left to left side  
5&6                      Rock right behind left, recover on left, step right to right side  
7&8                      Rock left behind right, recover on right, step left to left side

Counts 1-2 can be replaced by side step left, step right foot behind left

### SKATES FORWARD, RIGHT SHUFFLE FORWARD, LEFT ROCK RECOVER, ¾ TRIPLE TURN LEFT

1-2                      Slide forward on right, slide forward on left  
3&4                      Step forward on right, close step left next to right, step forward on right  
5-6                      Rock forward on left, recover back on right  
7&8                      Make ¼ turn left stepping left to left side, make ¼ turn left stepping right beside left, make ¼ turn left stepping forward on left

## PART B

### SYNCOPATED CROSS ROCK STEPS, CROSS BACK, TRIPLE ½ TURN RIGHT

1&2                      Cross rock right over left, recover on left, step right to right side  
3&4                      Cross rock left over right, recover on right, step left to left side  
5-6                      Cross step right over left, step back on left  
7&8                      Make ¼ turn right stepping right to right side, step left next to right, make ¼ turn right stepping forward on right

### SYNCOPATED CROSS ROCK STEPS, CROSS BACK, TRIPLE ½ TURN LEFT

1&2                      Cross rock left over right, recover on right, step left to left side  
3&4                      Cross rock right over left, recover on left, step right to right side  
5-6                      Cross step left over right, step back on right  
7&8                      Make ¼ turn left stepping left to left side, step right next to left, make ¼ turn left stepping forward on left

## **PART C**

### **RIGHT KICK BALL STEP, HIP BUMPS, LEFT SHUFFLE FORWARD, RIGHT FORWARD MAMBO**

- 1&2 Kick right forward, step right in place, step forward on left (weight forward on left foot)  
3&4 Bump hips right, left, right (finish on last bump looking back over right shoulder)  
5&6 Step forward on left, close step right next to left, step forward on left  
7&8 Rock forward on right, recover back on left, step back on right

### **WALK BACK LEFT RIGHT, LEFT COASTER, RIGHT ROCK RECOVER, ½ TURN RIGHT STEPPING RIGHT LEFT**

- 1-2 Step back left, step back right (can be replaced with full turn back over left shoulder)  
3&4 Step back on left, step right beside left, step forward on left  
5-6 Rock forward on right, recover back on left  
7-8 Make ½ turn right stepping back on right, step forward left

## **ENDING**

**Finish the dance after the first 4 counts of part C, looking back over right shoulder**

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