Don't Look Back



編舞者: Pat Stott (UK)

音樂: No Future In The Past - The Dean Brothers



TOE STRUTS, SIDE, CLOSE, SIDE, TAP

1& Step right toe to right side, lower right heel with weight & snap fingers

2& Cross left toe over right foot, lower left heel and snap fingers

3& Step right foot to right, close left foot to right foot

4& Step right foot to right (turning to face left diagonal), tap left toe

5-8& Repeat steps 1-4& commencing with left foot

FORWARD, SIDE AND BACK ROCKS

9& Rock forward on right foot, rock left foot in place10& Rock right foot to right side, rock left foot in place

11& Rock right foot behind left foot, rock forward onto left foot

12& Step right foot to the side of left foot, hold and clap 13-15& Repeat steps 9-15& commencing with left foot

16& Step forward onto left foot, hold and clap

TURN AND LOOK BACK OVER RIGHT SHOULDER, RUN, RUN, RUN, HITCH X 3

Turn to look back over right shoulder (weight now on right foot) and hold Turn to the left so that you face the front (weight remains on right foot)

19&20& Take small steps forward - left, right, left, hitch right

21&22& Right, left, right, hitch left, 23&24& Left, right, left, hitch right

TURNING FORWARD AND BACK ROCKS

25&26& Rock forward on right heel commencing to turn 1/4 to right, rock back onto left foot, rock back

onto right foot, rock forward onto left foot (completing the ¼ turn)

27&28& Repeat steps 25& 26&

½ turn to right should have been completed over steps 25-28&

FORWARD, CLAP, FORWARD, CLAP, BACK, CLAP, BACK, CLAP

Step diagonally forward with right foot, tap left toe next to right and clap
Step diagonally forward with left foot, tap right toe next to left and clap
Step diagonally back with right foot, tap left toe next to right and clap
Step diagonally back with left foot, tap right toe next to left and clap

HEEL ROCK FORWARD AND BACK

Rock forward onto right heel, rock back onto left foot Rock back onto right foot, rock forward onto left foot

REPEAT

TAG

At the end of the 3rd and 5th sequence only, dance up to step 30 & step right foot to right side and hold until The Deans start singing again. Commence dancing from step 1.