

Don't Leave Home

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Rebecca Ewan (UK)
音樂: Don't Leave Home - Dido



KICK & TOUCH, TURN TOUCH, ROCK & TURN ¼ TWICE

1&2 Kick right foot forward, step right next to left, touch left foot to left side
3-4 Cross left behind right, at the same making ½ turn left, touch right to right side
5&6 Rock right across left, recover weight onto left, step forward on right making ¼ turn right
7&8 Rock left foot forward making ¼ turn right, recover weight onto right, cross left over right

SIDE BEHIND & HEEL & CROSS, TURN ¼, TURN ½, STEP TURN STEP

1-2 Step right foot to the right side, cross left behind right
&3 Step right foot to the right side, touch left heel forward
&4 Step left foot next to right, cross right over left
5-6 Step back on left making ¼ turn right, step forward on right making ½ turn right
7&8 Step forward on left, pivot ½ right, step forward on left

TURN ¼, ½, ½, CROSS ROCK & TOUCH, PADDLE ¼ TWICE, CROSS POINT

1&2 Step right foot forward making ¼ turn left, make ½ turn left stepping left foot to the left side, make a further ½ turn left stepping right to the right side, (you should now be facing the home wall)
3&4 Rock left foot across right, recover weight onto right, touch left foot to left side
&5&6 Hitch left knee next to right making ¼ turn right, touch left to left side, repeat
7-8 Cross left foot over right, point right toe to right side

ROCK FORWARD, TRIPLE TURN ½, ROCK FORWARD, TRIPLE TURN 1 ½

1-2 Rock right foot forward, recover weight onto left
3&4 Make ½ turn right stepping right, left, right
5-6 Rock left foot forward, recover weight onto right
7&8 Step left foot forward making ½ left, step back on right making ½ turn left & make a further ½ turn left stepping forward on left completing 1 ½ turn left (if preferred instead of the 1 ½ turn just make a ½ turn triple step left)

REPEAT

TAG

Danced after the 2nd & 4th sequence

SKATE RIGHT, LEFT, SIDE ROCK, BEHIND TOUCH, TURN SAILOR ½

1-2 Skate forward on the right, skate forward on the left
3-4 Rock right foot to right side, recover weight onto left
5-6 Cross right behind left, touch left foot to left side
7&8 Cross left behind right making ¼ turn left, step back on right making a further ¼ turn left, step left next to right

SKATE RIGHT, LEFT, HIP BUMPS FORWARD, BACK, STEP TURN STEP, FULL TURN FORWARD

1-2 Skate forward right, left
3-4& Step right foot forward bumping hips forward, bump hips back changing weight onto left
5&6 Step right foot slightly forward, pivot ½ turn left, step right foot forward
7&8 Make a full triple step forward stepping back on left making ½ turn right, step forward on right making a further ½ turn right, step left foot next to right

ENDING

On the final sequence when the music slows down & the vocals stop, dance up to count 14 then instead of step turn step $\frac{1}{2}$, step $\frac{1}{4}$ turn right & cross left over right so that you end facing the front wall

INTRO

The dance starts on the first vocals, but there is no beat up until then to count in to, so you have to listen to the music a few times until you know where to come in. If preferred the dance can be started after 32 counts of vocals, which means that the tag is danced after the 1st and 3rd sequence.
