

Don't Leave Her Lonely

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Maureen Ash
音樂: Don't Leave Her Lonely Too Long - Gary Allan



45 HEEL, HOOK, SHUFFLE FORWARD, ½ TURN, ½ TURN

1-2 Right heel forward 45 degrees, hook right heel to left shin
3&4 Shuffle right forward: right, left, right
5-6 Step left forward turn ½ turn right take weight onto right
7-8 Step left forward turn ½ turn right take weight onto right

45 HEEL, HOOK, SHUFFLE FORWARD, ½ TURN, ½ TURN

1-2 Left heel forward 45 degrees, hook left heel to right shin
3&4 Shuffle left forward: left, right, left
5-6 Step right forward turn ½ turn left take weight onto left
7-8 Step right forward turn ½ turn left take weight onto left

CROSS ROCK RECOVER, SHUFFLE, CROSS ROCK RECOVER, FULL TURN

1-2 Cross right over left and rock forward, rock back onto left
3&4 Shuffle right (right, left, right)
5-6 Cross left over right and rock forward, rock back onto right
7-8 Turn ¼ turn left step forward on left, step forward on right pivot left ¾ turn (completing full turn)

SHUFFLE LEFT, KICK BALL CHANGE, ½ TURN, STOMP, STOMP

1&2 Shuffle left (left, right, left)
3&4 Kick right forward, step right in place, step left in place
5-6 Step right forward turn ½ turn left take weight onto left
7-8 Stomp forward right- stomp left alongside right

HEEL SPLITS, FAN, POINT FORWARD, SIDE, HOLD, SLAP BEHIND

1&2 Heel splits: fan both heels out and recover
3-4 Fan right heel out and replace beside left
5-6 Point right toe forward, point right toe to side turn head to right
7-8 Hold, lift right heel behind left leg, and slap right heel with left hand

SHUFFLE, ½ TURN, POINT FORWARD, SIDE, HOLD, SLAP BEHIND

1&2 Shuffle forward right, left, right
3-4 Step left forward turn ½ turn right take weight onto right
5-6 Point left toe forward, point left toe to side turn head to left
7-8 Hold, lift left heel behind right leg and slap left heel with right hand

SHUFFLE, ½ TURN, FORWARD, POINT, FORWARD, POINT

1&2 Shuffle forward: left, right, left
3-4 Step right forward turn ½ turn left take weight onto left
5-6 Step forward right, point left to left side turn head to left
7-8 Step forward left, point right to right side turn head to right

BEHIND, ¼ TURN, FORWARD, FORWARD, HEEL, STRUT CLAP, HEEL STRUT CLAP

1-2 Step right behind left, turning 45 degrees left step forward on left
3-4 Walk forward right, walk forward left

5-6

Step right heel forward, slap right toe to floor take weight on right and clap

7-8

Step left heel forward, slap left toe to floor take weight on left and clap

REPEAT
