

# Don't Go To Sleep

**COPPER** **NOB**  
BY STEPHEN

拍數: 56      牆數: 4      級數: Improver  
編舞者: Michele Perron (CAN)  
音樂: Beat Me Daddy (Eight to the Bar) - Asleep at the Wheel



## TAPS RIGHT, LEFT, RIGHT & LEFT

- 1-2      Tap right ball of foot beside left foot, right step beside left
- 3-4      Tap left ball of foot beside right foot, left step beside right
- 5-6      Tap right ball of foot beside left foot, tap right foot beside left (no weight)
- 7-8      Tap right ball of foot beside left foot, right step beside left (weight change)

## TAPS LEFT, RIGHT, LEFT & LEFT

- 9-10      Tap left ball of foot beside right foot, left step beside right
- 11-12      Tap right ball of foot beside left foot, right step beside left
- 13-14      Tap left ball of foot beside right foot, tap left foot beside right (no weight)
- 15-16      Tap left ball of foot beside right foot, left step beside right (weight change)

## TWO STEP RHYTHM-FORWARD

- 17      Right step forward (quick)
- 18      Left step forward (quick)
- 19-20      Right step forward, hold (slow)
- 21-22      Left step forward, hold (slow)
- 23-24      Right foot stomp beside left, hold (slow)

## TOE FANS, KNEE POPS

- 25      Fan right toe out to right (right heel stays in place)
- 26      Fan right toe in (back home)
- 27      Fan left toe out to left, (left heel stays in place)
- 28      Fan left toe in (back home)
- 29      Right and left knee "pop" out to diagonal right (approximately 1:00. Heels come off floor and knees are flexed)
- 30      Drop right and left heels to center position
- 31      Right and left knee "pop" out to diagonal left (approximately 11:00. Heels come off floor and knees are flexed)
- 32      Drop right & left heels down and straighten knees to center position

## TWO STEP RHYTHM BACK WITH PIVOT TURNS

- 33      Right step back (quick)
- 34      Left step back (quick)
- 35-36      Right step back with ½ pivot turn to right, hold (slow)
- 37-38      Left step back with ½ pivot turn to right, hold (slow)
- 39-40      Right stomp (beside right foot, hold (slow)

## FANS, KNEE POPS

- 41      Fan right toe out to right side (right heel stays in place)
- 42      Fan right toe in (back home)
- 43      Fan left toe out to left side, (left heel in place)
- 44      Fan left toe in (back home)
- 45      Right and left knees "pop" out to diagonal right (approximately 1:00. Heels come off floor and knees are flexed)
- 46      Drop right and left heels to center position

- 47 Right and left knees "pop" out to diagonal left (approximately 11:00. Heels come off floor and knees are flexed)
- 48 Drop right & left heels down and straighten knees to center position

**QUICK, QUICK, QUICK, QUICK, SLOW, SLOW**

- 49 Right step to right side
- 50 Left step together beside right foot
- 51 Right step to right side
- 52 Left step together beside right
- 53-54 Right step forward with  $\frac{1}{4}$  turn to right, hold
- 55-56 Left step together beside right foot, hold

**REPEAT**

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