

Don't Give Up

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Barry Amato (USA)
音樂: Don't Give Up - Michael W. Smith



WALK, WALK, BALL CHANGE, CROSS-STEP, SWEEP, CROSS-STEP, ¼ TURN

- 1-2 Walk forward right - left
- &3 Step to the right side on ball of right foot, change weight to left foot in place
- 4 Cross right foot over left weighting right foot
- 5-6 Sweep left foot from behind right foot, cross left foot over right weighting left foot
- 7-8 ¼ turn to the left (facing 9:00) stepping back on the right foot, ½ turn left (facing 3:00) stepping forward on left foot

STEP PIVOT, BALL CHANGE, CROSS-STEP, BALL CHANGE CROSS-STEP, ROCK STEP

- 1-2 Step forward on the right foot, pivot ½ turn left with left foot taking weight
- &3 Step to the right side on ball of right foot, change weight to left foot
- 4 Cross right foot over left weighting right foot
- &5 Step to the left side on ball of left foot, change weight to right foot in place
- 6 Cross left foot over right weighting left foot
- 7-8 Bring right foot around and rock forward on right foot, recover in place on left foot

1 ¼ TURN, SHUFFLE, ¼ TURN SHUFFLE, ¼ TURN SHUFFLE

- 1-2 ½ turn right pivoting on ball of left (facing 3:00) and step forward on right foot, continue to do another ½ turn right pivoting on ball of right (facing 9:00) and step together with left foot
- 3&4 Open ¼ turn right to face original position as you step to the shuffle to the right stepping right-left-right
- 5&6 Open ¼ left, pivoting on ball of right foot and shuffle to the left stepping left-right-left, (9:00)
- 7&8 Open one more ¼ turn left (facing 6:00) and shuffle to the right stepping right-left-right

CROSS-ROCK STEP, STEP RECOVER, STEP SIDE, CROSS-ROCK STEP, STEP RECOVER, STEP SIDE, FORWARD MAMBO

- 1-2 Cross the left foot over the right weight left foot, recover in place on the right foot
- 3-4 Step to the left on the left foot, cross the right foot over the left weighting right foot
- 5-6 Recover in place on the left foot, step to the right on the right foot
- 7&8 Forward mambo stepping forward on the left foot, recover in place on the right foot, step together with left foot with left taking weight

REPEAT

TAG

After wall 8 (you will be facing front), step out on the right foot with feet shoulder width apart and throw hands out and down to your side on count 1, Hold 2-3-4, You will hear the break in the music and then start dance pattern again