

Don't Forget To Remember

拍數: 32 牆數: 4 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: Don't Forget To Remember - Leland Martin



CROSS ROCK, TOGETHER, CROSS, SIDE; CROSS ROCK BEHIND, SCISSOR STEPS

1-2 Cross rock right over left, recover weight onto left
&
3-4 Step on ball of right next to left
5-6 Cross left over right, step right to right side
7-8 Cross rock left behind right, recover weight onto right
7&8 Step left to left side, step right next to left, cross left over right

SIDE ROCK, BEHIND-SIDE-CROSS; SIDE ROCK, ¼ SAILOR TURN

9-10 Rock right to right side, recover weight onto left
11&12 Cross right behind left, step left to left side, cross right over left
13-14 Rock left to left side, recover weight onto right
15&16 Cross left behind right, step right ¼ turn left, step left forward, (9:00)

FULL TURN, TRIANGLE; ROCK STEP FORWARD, ½ TURN SHUFFLE

17-18 Make ½ turn left step right back, make ½ turn left step left forward, (9:00)
19&20 Cross right over left, step left back, step right to right side
21-22 Rock left forward, recover weight onto right
23&24 Shuffle ½ turn left stepping left, right, left, (3:00)

Easier option:

1-2 Step forward right, left

STEP, KICK, BEHIND- SIDE -CROSS; SCISSOR STEPS, CHASSE

25-26 Step right forward and across left, kick left to left diagonal
27&28 Cross left behind right, step right to right side, cross left over right
29&30 Step right to right side, step left next to right, cross right over left
31&32 Step left to left side, step right next to left, step left to left side

REPEAT

OPTIONAL ENDING

Dance ends on wall 9

For music by Leland Martin:

1-14 Do the first 14 counts of the dance
15&16 Cross left behind right, step right to right side, step left to left side
End Slow slide right to left

For music by The Bee Gees

1-4 Do the first 4 counts of the dance
End Slow slide left to right