

Don't Feel Like Dancin'

拍數: 32 牆數: 2 級數: Improver
編舞者: Rowena (UK)
音樂: I Don't Feel Like Dancin' - Scissor Sisters



WALK WALK, FORWARD MAMBO, WALK WALK, BACK MAMBO

1-2 Step right forward, step left forward
3&4 Rock forward right, recover onto left step right in place
5-6 Step left back, step right back
7&8 Rock left back, recover onto right, step left in place

STEP, BALL CHANGE X 3, SIDE ROCK AND CROSS TWICE

1&2 Step right across left, step slightly back on ball of left, step right across left
&3 Step slightly back on ball of left, step right across left
&4 Step slightly back on ball of left, step right across left
5&6 Rock left to left side, recover onto right, step left over right
7&8 Rock right to right side, recover onto left, step right over left

SIDE ROCK, ¼ TURN RIGHT, SHUFFLE, PIVOT ½ LEFT, PIVOT ¼ LEFT

1-2 Rock left to left side, recover on to right ¼ turning right
3&4 Step left forward, step right beside left, step left forward
5-6 Step right forward, pivot ½ turn left
7-8 Step right forward, pivot ¼ left

CROSS ROCK, SHUFFLE ½ TURN LEFT, POINT FORWARD & BACK, ½ TURN, CLAP TWICE

1-2 Cross rock right over left, recover onto left
3&4 Shuffle step ½ turning right, stepping- right, left, right
5-6 Point left forward, point left back
7&8 Pivot ½ turn left(weight on left), clap clap

REPEAT

TAG

Danced once at the end of wall 11, (facing back)

ROCKING CHAIR STEP

1-2 Rock right forward, recover onto left
3-4 Rock right back, recover onto left