

Don't Even Think About It

拍數: 40 牆數: 2 級數: Improver
編舞者: Hilary Usher (UK)
音樂: Whatever You Do! Don't! - Shania Twain



SIDE STEPS RIGHT WITH HOLDS, ROCK STEPS, SAILOR STEP

1-2 Step right to right side, hold
&3-4 Step left beside right, step right to right side, hold
&5-6 Step left beside right, rock right, rock left in place
7&8 Cross right behind left, step left to left side, step right in place

SIDE STEPS LEFT WITH HOLDS, ROCK STEP, SAILOR STEP

9-10 Step left to left side, hold
&11-12 Step right beside left, step left to left side, hold
&13-14 Step right beside left, rock left, rock right in place
15&16 Cross left behind right, step right to right side, step left in place

TURNING MAMBO STEPS, FULL TRIPLE TURN LEFT

17&18 Step forward onto ball of right foot, pivot ½ turn left on ball of right foot, rock back on to left, rock forward on to right
19&20 Step forward on to ball of left foot, pivot ½ turn right on ball of left foot, rock back on to left, rock forward on to left
21-22 Step forward on ball of right foot, make ½ turn left stepping back on, ball of left foot, make ½ turn left right left,
23&24 Shuffle forward right left right

ROCK FORWARD & BACK, FULL TRIPLE TURN, ROCK STEP & HITCHES TRAVELING BACK

25-26 Rock forward on to left, rock back on to right
27&28 Full triple turn left (left right left)
29-30& Rock forward on to right, rock back on to left and hitch right knee
31&32& Step back on to right and hitch left knee, step back on left and hitch right knee

SYNCOPATED HEEL JACKS (LEFT RIGHT LEFT) & CROSS UNWIND ¾ TURN, STOMP RIGHT & LEFT

33&34 Step back on right and tap left heel forward. Step left in place, step right across left
&35-36 Step back on left and tap right heel forward. Step right in place, step left across right
&37&38 Step back on right and tap left heel forward.. Step left in place' step right across left
39-40 Unwind ¾ turn left, stomp right and left in place

REPEAT
