Don't Drink The Water

級數: Intermediate



拍數: 32

編舞者: Greg Van Zilen (USA)

牆數:4

音樂: Perfect - Sara Evans



1 Sweep right foot in towards left, then out on a right 45 degree angle as right foot passes left 2 Sweep left foot in towards right, then out on a left 45 degree angle as left foot passes right 3 Sweep right foot in towards left, then out on a right 45 degree angle as right foot passes left 4 Sweep left foot in towards right, then out on a left 45 degree angle as left foot passes right 5&6 Step right foot to side; step left foot next to right; step right foot to side 7-8 Cross left foot over right; unwind ¹/₂ turn right, ending with weight on left foot

SKATE RIGHT, LEFT, RIGHT, LEFT, RIGHT SIDE TRIPLE STEP, CROSS LEFT, UNWIND ½ TURN RIGHT

1⁄4 TURN RIGHT SAILOR STEP, LEFT LOCKING TRIPLE STEP FORWARD, STEP-TURN ½ LEFT, LEFT COASTER STEP

- 9&10 Cross right foot behind left making 1/4 turn right; step left foot to side; step right foot to side
- 11&12 Step left foot forward; step right foot locking behind left; step left foot forward
- 13-14 Step right foot forward; pivot 1/2 turn left, keeping weight on right foot
- 15&16 Step left foot back; step right foot next to left; step left foot forward

WALK RIGHT, LEFT, RIGHT KICK-BALL-CROSS, RIGHT SIDE ROCK, STEP-TURN 1/2 LEFT (ROCK AND **TURN WITH HIP SWAYS)**

- 17-18 Step right foot forward; step left foot forward
- 19&20 Kick right foot forward; step slightly back on ball of right foot; cross left foot over right

21-22 Step right foot to side; replace weight onto left foot

23-24 Step right foot forward; pivot 1/2 turn left, transferring weight to left foot

Sway hips when doing side rock and roll hips while making 1/2 turn

HIP ROLLS RIGHT, HIP ROLLS LEFT

Step right foot slightly forward rolling hips to the left to right; continue rolling hips to left 25&

26-28 Continue rolling hips. Hips will be right on solid counts and left on 1/2 counts

- 29& Step left foot slightly forward rolling hips to the left to left; continue rolling hips to right
- 30-32 Continue rolling hips. Hips will be left on solid counts and right on 1/2 counts

For those that don?t like hip rolls just substitute hip bumps. For those that don?t like either just enjoy the view for 8 counts

REPEAT