Don't Cry For Louie

拍數: 32

級數: Intermediate

編舞者: John Robinson (USA)

音樂: Don't Cry for Louie - Vaya Con Dios

This dance is dedicated to DJ Wildman Louie St. George

& CROSS STEPS TRAVELING LEFT, ROCK & CROSS, SYNCOPATED ³/₄ TURN LEFT WITH TOE POINT Styling option for counts 1-4: arms down at sides and slightly out, with palms of hands towards floor, shrugging shoulders up-down four times; turn head and look left

- Left step ball of foot side left and slightly back, right step across left, left step ball of foot side left and slightly back, right step across left
- Left step ball of foot side left and slightly back, right step across left, left step ball of foot side left and slightly back, right step across left
- 5&6 Left rock ball of foot side left, recover to right, left step across right
- 7&8Pivot ¼ left (9:00) stepping right foot back, pivot ½ left stepping left foot forward (towards
3:00), right toe point side right

KICK-CROSS-SIDE ROCK-STEP, RIGHT STEP BACK TURNING ¼ LEFT, LEFT STEP FORWARD TURNING ¼ LEFT, RIGHT STEP SIDE TURNING ¼ LEFT, CROSS & CROSS

- 1&2&Right kick forward, right step across left, left rock ball of foot side left, recover to right3-4Left step across right, pivot ¼ left (12:00) stepping right back
- 5-6 Pivot ¼ left (9:00) stepping left forward, pivot ¼ left (6:00) stepping right side right
- 7&8 Left step across right, right small step side right, left step across right

CROSS, BACK, SHUFFLE TURNING 1/2 RIGHT, 4 HIP (OR BRUSH) WALKS FORWARD

- 1&2& Right step across left swinging arms out to right side, snap fingers, left step back swinging arms across tummy to left side, snap fingers
- 3&4 Pivot ¼ right (towards 9:00) stepping right foot side right, left step next to right, pivot ¼ right (towards 12:00), stepping right foot forward
- 5-6 Left step forward pushing left hip out, right step forward pushing right hip out
- 7-8 Left step forward pushing left hip out, right step forward pushing right hip out

Alternate: brush ball of foot on the "and" count then step down on the whole count. Either way, be sure to walk with attitude

LEFT KICK & RIGHT TOUCH BEHIND & LEFT KICK & RIGHT TOUCH BEHIND, FORWARD ROCK, RECOVER, SHUFFLE TURNING ¾ RIGHT

- 1&2& Left low kick forward, left step down, right toe touch behind left bending slightly forward, right step slightly back straightening up
- 3&4 Left low kick forward, left step down, right toe touch behind left
- 5-6 Right rock ball of foot forward, recover to left
- 7&8 Pivot ½ right (6:00) stepping right foot forward, left step next to right, pivot ¼ right (9:00) stepping right foot side right

REPEAT

COOL ENDING

On the 8th repetition, finish the four attitude walks, then:

1-2 Left kick forward, pivot ¼ left (12:00) and point right toe side right with slight lunge





牆數:4