

Don't Be Stupid

拍數: 40 牆數: 4 級數:
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音樂: Don't Be Stupid (You Know I Love You) - Shania Twain



STEP TURN & FAN & FAN

- 1 Step ¼ turn right with right foot
- 2 Stomp left foot next to right foot (keeping weight on right foot)
- & On ball of left foot fan heel out to left side
- 3 Bring back in together
- & On ball of left foot fan heel out to left side
- 4 Bring back in together

STEP TURN & FAN & FAN

- 1 Step ½ turn on left foot
- 2 Stomp right foot next to left foot (keeping weight on left foot)
- & On ball of right foot fan heel out to right side
- 3 Bring back in together
- & On ball of right foot fan heel out to right side
- 4 Bring back in together

STEP TURN HEELS OUT TOGETHER OUT TOGETHER

- 1 Step ¼ turn right on right foot (original wall)
- 2 Stomp left foot next to right foot
- & On the balls of both feet swivel out
- 3 Bring both heels back together
- & On the balls of both feet swivel heels out
- 4 Bring heels back together

FORWARD SHUFFLE RIGHT-LEFT-RIGHT & LEFT-RIGHT-LEFT

- 1 Step forward on the right
- & Bring left foot next to right
- 2 Step forward on right
- 3 Step forward on the left foot
- & Bring right foot next to left
- 4 Step forward on left

STEP BACK RIGHT, LEFT, RIGHT, LEFT

- 1 On right foot step back, bending right knee and angle hips left
- 2 On left foot step back, bending left knee and angle hips right
- 3 On right foot step back, bending right knee and angle hips left
- 4 On left foot step back, bending left knee and angle hips right

TOE TOUCHES & SIDE CROSSES

- 1 Point and touch right toe in front of left foot
- 2 Point and touch right toe in front of left foot
- & Step right next to left
- 3 Cross left foot over right
- & Step right foot to right side
- 4 Cross left foot over right

TOE TOUCHES & SIDE CROSSES

1-2&-3&-4 Repeat toe touches & side crosses as above

JAZZ BOX ¼ TURN RIGHT

- 1 Cross right foot over left foot
- 2 Step back on left foot
- 3 Step ¼ turn right on right foot
- 4 Step left foot in place next to right foot

FORWARD SHUFFLE RIGHT-LEFT-RIGHT & LEFT-RIGHT-LEFT

- 1 Step forward on right foot
- & Bring left foot next to right
- 2 Step forward on right foot
- 3 Step forward on left foot
- & Bring right foot next to left
- 4 Step forward on left foot

STEP BACK HOLD SHUFFLE BACK

- 1 Step back on right foot
- 2 Hold for one beat
- 3 Step back on left foot
- & Bring right foot up to left
- 4 Step back on left

REPEAT
