

# Don't Be Messin'

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Frank Cooper (CAN)  
音樂: Don't Mess With the Radio - Nivea



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## STEP FORWARD, SHUFFLE FORWARD, STEP FORWARD, ROCK STEP FORWARD, COASTER STEP

- 1            Step forward on right foot
- 2&3        Step forward on left foot, bring right foot up to left, step forward on left
- 4            Step forward on right foot
- 5-6        Rock forward on left foot, recover onto right foot
- 7&8        Step back on left foot, step together with right foot, step forward on left foot

## ROCK STEP FORWARD, TRIPLE ½ TURN RIGHT, HEEL SWITCHES, TOUCH, TWIST, TWIST

- 9-10        Rock forward on right foot, recover onto left foot
- 11&12      Triple step a ½ turn right stepping right, left, right
- 13&14      Touch left heel forward, step left foot home, touch right heel forward
- &15&16     Bring right foot home, touch left toe forward, twist both heels to the left, bring both heels home to center

## MASHED POTATOES, COASTER STEP, TWO STEP ½ TURN LEFT, COASTER

- &17        Swivel both heels out to sides while slightly lifting right foot off the floor, touch right toe in front of left foot
- &18        Swivel both heels out to sides while slightly lifting right foot off the floor, step back on right foot
- 19&20     Step back on left foot, step together with right foot, step forward on left foot
- 21-22     Step right foot to side making a ¼ turn left, step back on left foot making a ¼ turn left
- 23&24     Step back on right foot, step together with left foot, step forward on right foot

## TOUCH FORWARD, STEP FORWARD, TOUCH FORWARD, STEP FORWARD, SIDE ROCK, CROSSING SAILOR ¼ TURN LEFT

- 25-26     Touch left toe forward, step forward on left foot
- 27-28     Touch right toe forward, step forward on right foot
- 29-30     Rock left foot out to the left side, recover onto right foot
- 31&32     Step left foot across right foot, step back on right foot ¼ turn left, step back on left foot

**REPEAT**

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