

Don't Ask

拍數: 40 牆數: 4 級數: Improver
編舞者: Ed White (USA)
音樂: Lucky Me, Lucky You - Lee Roy Parnell



HOP LEFT, TOUCH, HOLD & CLAP, HOP RIGHT, TOUCH, HOLD & CLAP

- &1-2 Hop to left on left foot, touch right toe beside left foot, (for styling, turn right knee slightly in toward left knee), hold and clap
- &3-4 Hop to right on right foot, touch left toe beside right foot, (for styling, turn left knee slightly in toward right knee), hold and clap

THREE STEP FULL TURN LEFT, SCUFF

- 5-6 Beginning a full turn left, step left on left foot, making a half turn left, step on right
- 7-8 Complete the full turn by making a half turn left, stepping on left foot, scuff right foot beside left foot

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT WITH ¾ TURN RIGHT, ROCK, STEP

- 9&10 Step right on right foot, quickly step left foot beside right foot, step right on right foot
- 11-12 Rock back on left foot, recover weight on right foot, stepping forward
- 13&14 Beginning a ¾ turn to the right, step on left, continue turn quickly step right foot beside left foot, complete turn stepping on left foot
- 15-16 Rock back on right foot, recover weight on left foot, stepping forward

STEP, HOLD & LOOK LEFT, STEP, HOLD & LOOK RIGHT, STEP, STEP, HEEL, STEP, STEP

- 17-18 Step forward on right foot, hold while looking to left, (for styling, right hand on front on right hip & left hand on back on left hip)
- 19-20 Step forward on left foot, hold while looking to right, (for styling, left hand on front left hip & right hand on back of right hip)
- 21-22 Step forward on right foot, step forward on left foot
- 23&24 Touch right heel forward, quickly step right foot beside left foot, step left foot forward

SCUFF FORWARD, SCUFF BACK, TOE TOUCH, SCOOT BACK, STEP, FOUR STEPS

- 25-26 Scuff right foot forward, scuff right foot back
- 27&28 Touch right toe back, quickly scoot back on left foot, step back on right foot
- 29-30 Step back on left foot, step right foot beside left foot
- 31-32 Step forward on left foot, step forward on right foot

LEFT TOE TOUCHES, SCUFF, HITCH SCOOT, STEP, RIGHT TOE TOUCHES, SCUFF, HITCH SCOOT, STEP

- 33-34 (pointing left toe at floor & left knee to left) tap left toe behind right heel, tap left toe behind right heel
- 35&36 Scuff left foot beside right foot, quickly hitch left knee while you scoot on right foot in place, step left foot beside right foot
- 37-38 (pointing right toe at floor & right knee to right) tap right toe behind left heel, tap right toe behind left heel
- 39&40 Scuff right foot beside left foot, quickly hitch right knee while you scoot on left foot in place, step right foot beside left foot

REPEAT

LOWER IMPACT OPTIONS

- 1-4 You may do step left on left foot, touch right foot beside left, with clap on the touch, and then step right on right foot, touch left foot beside right, with clap on the touch.

5-8 You may do a left vine with a scuff on the 8 count
27&28 You may do a right, left, right shuffle back
35&36 You may do left, right, left shuffle in place
39&40 You may do right, left, right shuffle in place
