

Don't

拍數: 48 牆數: 2 級數: Improver
編舞者: Carol Lightfoot (UK)
音樂: Don't - John Dean



CROSS ROCK, SIDE HOLD, RIGHT & LEFT

1-4 Cross rock right over left, recover left, step to side with right, hold
5-8 Cross rock left over right, recover right, step to side with left, hold

ROCK STEP, SHUFFLE ½ TURN RIGHT, ¼ TURN RIGHT, LEFT CHASSE, ROCK STEP

1-2 Rock forward on right recover on left
3&4 Shuffle ½ turn right (right, left, right)
5&6 Pivot ¼ turn right on right. Left chasse
7-8 Rock back on right recover on left

TOUCH CROSS RIGHT & LEFT, TOUCH RIGHT ¼ WITH HOOK RIGHT LOCK STEP

1-4 Touch right toe to side, cross over left, touch left toe to side, cross over right
5-6 Touch right toe to side, pivot ¼ turn right on left, hook right below left knee
7&8 Step right forward lock left behind right, step forward right

SIDE ROCK, CROSSING SHUFFLE, SIDE ½ LEFT CROSSING SHUFFLE

1-2 Rock left out to side recover right
3&4 Cross left over right, step side with right, cross left over right
5-6 Step side with right, pivot ½ turn left on right, step to side with left
7&8 Cross right over left, step side with left, cross right over left.

TOUCH CROSS LEFT & RIGHT, TOUCH LEFT ¼ WITH HOOK, LEFT LOCK STEP

1-4 Touch left toe to side crossover right, touch right toe to side crossover left
5-6 Touch left toe to side, pivot on right ¼ turn left hooking left below right knee
7&8 Step forward on left, lock right behind left, step forward on left

ROCK STEP, COASTER STEP, ROCK STEP, SHUFFLE ¾ TURN LEFT

1-2 Rock forward on right, recover left
3&4 Step back right, close left to right, step forward right
5-6 Rock forward left recover right
7&8 Shuffle ¾ turn left (left, right, left)

REPEAT
