

Dollar & Dime

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sylvia Priestley (UK)
音樂: Dance and Shout - Wynonna



When dancing to "Limbo Lady" on the jump turns bend knees and at the same time shimmy

SYNCOPATED SPLITS

- &1 Right foot small step to the right side, left foot small step to the side (shoulder width apart)
- &2 Right foot small step to center, left foot small step to center
- &3 Right foot small step to the side, left foot small step to the side (shoulder width apart)
- &4 Right foot small step to center, left foot small step to center
- &5 Right foot small step to the side, left foot small step to the side (shoulder width apart)
- &6 Right foot small step to center, left foot small step to center (when stepping to right side take arms out to the side, when stepping to center clap hands in front of body)

TOUCH, CROSS, UNWIND

- &7 Right foot touch to the side, right foot cross over front of left
- 8 Pivot on balls of both feet ½ turn left (body roll optional)

FORWARD SHUFFLES

- 9&10 Left foot step forward, right foot slide up to left, left foot step forward
- 11&12 Right foot step forward, left foot slide up to right, right foot step forward

SUGAR FEET

- 13-14 Left foot step back, right foot step back (swiveling feet on both steps)
- 15-16 Left foot step back, right foot step back (swiveling feet on both steps)

DIAGONAL HIP PUSHES

- 17-18 Left foot step diagonally forward to left, push hips forward then back
- 19-20 Push hips forward, hitch right knee
- 21-22 Right foot step diagonally forward to right, push hips forward then back
- 23-24 Push hips forward, left foot step beside right

SYNCOPATED ¼ TURN RIGHT

- &25-26 Right foot small jump step forward, left foot small jump step forward, clap
- &27-28 Right foot small jump step forward, left foot small jump step forward turning ¼ right, clap
- &29-30 Right foot small jump step forward, left foot small jump step forward turning ¼ right, clap
- &31-32 Right foot small jump step forward, left foot small jump step forward turning ¼ right, clap

REPEAT
