

Doin' The Nightshift

COPPER KNOB
BY STEPHEN HETS

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Harold Grimshaw (UK)
音樂: The Night Shift - Aaron Tippin



MODIFIED HEEL SWITCHES WITH CLAPS

- 1-2 Dig right heel forward, step right next to left
- 3 Dig left heel forward
- 4-5 Clap hands to left side, clap hands forward
- 6-7 Step left next to right, dig right heel forward
- 8 Clap hands forward

MONTEREY ½ TURN RIGHT (TWICE)

- 9-10 Point (touch) right toes to right side, (pivoting ½ right on ball of left) step right next to left
- 11-12 Point (touch) left toes to left side, step left next to right
- 13-14 Point (touch) right toes to right side, (pivoting ½ right on ball of left) step right next to left
- 15-16 Point (touch) left toes to left side, step left next to right

MODIFIED HEEL SWITCHES WITH CLAPS, MONTEREY TURNS

- 17-32 Repeat steps 1-16 above

STOMP, HOLD, SWIVEL ¼ LEFT, HOLD, HIP ROLL ½ RIGHT, HEEL DROPS

- 33-34 Stomp right to right side, hold
- 35-36 Swivel heels to right (to face ¼ left, right now behind left), hold
- 37-38 (Pivoting ½ right on balls of feet) roll hips to left (over 2 counts) straightening left leg raising right heel to complete the turn
- 39-40 Drop right heel twice (weight remains on left)

FORWARD/LOCK/STEP, HOLD, 'RUN', HOLD

- 41-42 Step forward on right, lock left behind right
- 43-44 Step forward on right, hold
- 45-48 Step forward on left, right, left (bent knees), hold (click fingers)

RIGHT FULL TURN BACK WITH CLICKS, BACK/LOCK/STEP/FLICK

- 49-50 (Pivoting ½ right on ball of left) step forward on right, hold (click fingers)
- 51-52 (Pivoting ½ right on ball of right) step back on left, hold (click fingers)
- 53-54 Step back on right, lock left across front of right
- 55-56 Step back on right, flick left foot forward

OPTIONAL STEPS

- 49-50 Step back on right, scuff left heel forward
- 51-52 Step back on left, scuff right heel forward
- 53-54 Step back on right, lock left across front of right
- 55-56 Step back on right, scuff left heel forward

LEFT FULL TURN BACK WITH CLICKS, BACK/ROCK/TOGETHER, HOLD

- 57-58 (Pivoting ½ left on ball of right) step forward on left, hold (click fingers)
- 59-60 (Pivoting ½ left on ball of left) step back on right, hold (click fingers)
- 61-62 Step back on left, rock weight forward onto right
- 63-64 Step left next to right (taking weight onto left), hold

OPTIONAL STEPS

- 57-58 Step back on left, scuff right heel forward
- 59-60 Step back on right, scuff left heel forward

61-62 Step back on left, rock weight. Forward. Onto right
63-64 Step left next to right (taking weight), hold

SIDE, TOUCH, SIDE, TOUCH

65-66 Step right to right side, touch left toes next to right
67-68 Step left to left side, touch right toes next to left

REPEAT

TAG

Omit steps 65-68 (i.e. Last 4 counts) at end of 2nd sequence only.
