

# Doin' The Do!

拍數: 48      牆數: 2      級數: Intermediate/Advanced  
編舞者: Tina Argyle (UK)  
音樂: Doin' the Do - Betty Boo



## **¾ MONTEREY TURN, SIDE ROCK & CROSS, RIGHT CHASSE, COASTER ¼ TURN LEFT**

1-2      Point right toe to right side, ¾ turn right on ball of left stepping right at side of left  
3&4      Rock left to left side, recover weight onto right, cross left over right  
5&6      Step right to right side, step left at side of right, step right to right side  
7&8      ¼ turn left stepping back left, step right at side of left, step forward, left

## **POINT HITCH ¼ TURN POINT, HEEL SWIVELS, BEHIND, SIDE, FORWARD, KICK ½ TURN FLICK**

9&10      Point right to right side, hitch right knee making ¼ turn right, point right to right side  
11&12      Swivel right heel in, out, in  
13&14      Cross right behind left, step left to left side, step forward, right  
15-16      Kick left forward, spin ½ turn right on ball of right flicking left heel up behind you

## **LEFT COASTER STEP, HITCH TAP HITCH CROSS, COASTER STEP, SIDE ROCK CROSS**

17&18      Step back left, step right at side of left, step forward, left  
&19      Hitch right knee in front, tap right toe across left  
&20      Hitch right knee, cross right over left taking weight  
21&22      Step back left, step right at side of left, step forward, left  
23&24      Rock right to right side, recover weight onto left, cross right over left

**Optional arms for counts &19 &20: on the & counts lift both fists to right shoulder, on counts 19 - 20 throw fists across to left thigh**

## **LEFT SLIDE TOGETHER, 2 X ROCKING TOE FANS, RIGHT SLIDE TOGETHER, 2 X ROCKING TOE FANS**

25-26      Long step left to left side, slide right toe in and step at side of left  
&27&28      Lift toes off the floor and fan toes apart, return to the floor & repeat  
29-30      Long step right to right side, slide left toe in and step at side of right  
&31      Repeat steps &27  
&32      Repeat steps &28 (these can be replaced with heel lifts)

## **DIAGONAL SQUAT BACK LEFT, DIAGONAL SQUAT BACK RIGHT, MAMBO FORWARD, ¼ TURN MAMBO BACK, MAMBO FORWARD, STEP TOGETHER**

33-34      Long diagonal step back left, bending knees apart with hands on thighs, body angled to left diagonal, tap right at side of left squaring up to 3:00 wall  
35-36      Long diagonal step back right, bending knees apart with hands on thighs, body angled to right diagonal, tap left at side of right squaring up to 3:00 wall  
37&      Rock forward, onto ball of left, recover weight onto right  
38&      ¼ turn left rocking back onto ball of left, recover weight onto right  
39&40      Rock forward, onto ball of left, recover weight onto right, step left at side of right

## **2 X LOCK STEP FORWARD, RIGHT THEN LEFT, TURNING HIP BUMPS**

41&42      Step forward, right, lock left behind right, step forward, right  
43&44      Step forward, left, lock right behind left, step forward, left  
45&46      Step forward right bumping hips forward, back forward  
47&48      ½ turn left bumping hips forward, back forward, finishing with weight on left

**REPEAT**