

Doin' It In Dixie

拍數: 32 牆數: 4 級數: Improver
編舞者: Anita McNab (CAN)
音樂: That's How They Do It In Dixie - Big & Rich, Gretchen Wilson, Hank Williams, Jr.
& Van Zant



RIGHT "C" HIP BUMPS

1&2& Bump right hip forward and up, recover weight on left hip, bump right hip down to right bending knees slightly, recover weight on left hip
3&4& Bump right hip forward and up, recover weight on left hip, bump right hip down to right bending knees slightly, recover weight on left hip

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, STEP FORWARD ON LEFT, PIVOT ½ TURN TO RIGHT, KICK RIGHT FORWARD

5&6 Shuffle forward right, left, right (forward right, left together, forward right)
7-8 Step forward onto left, pivot on left ½ turn to right, kick right forward

STEP FORWARD RIGHT - SHIMMY SHOULDERS (LEFT SHOULDER FORWARD TWICE)

9 Putting right foot down on, shake left shoulder forward at same time
10 Shake left shoulder forward once more (lean slightly forward when doing these steps)

STEP WEIGHT BACK ON LEFT - SHIMMY SHOULDERS (LEFT SHOULDER BACK TWICE)

11 Step weight back on left, shake left shoulder back at same time
12 Shake left shoulder back once more (lean slightly back when doing these steps)

KICK BALL CHANGE ON RIGHT, STOMP UP TWICE ON RIGHT

13&14 Kick right forward, step on ball of foot beside left, (like you hurt your heel and can't step on it), then step weight full onto left (leaving right toe touching, but weight on left)
15-16 Stomp right foot twice beside left keeping weight on left (this is known as stomp up)

SHUFFLE SIDE RIGHT, ROCK STEP

17&18 Shuffle side right - step side right, bring left together, step side right
19-20 Rock back on left, recover weight onto right

SHUFFLE SIDE LEFT, WITH ¼ TURN RIGHT, ROCK STEP

21& Start ¼ turn right by stepping side left onto left, bring right beside left
22 Finish ¼ turn right by stepping side left onto left
23-24 Rock back on right, recover weight on left

KICK RIGHT, STEP ON RIGHT, TOUCH LEFT BESIDE RIGHT, KICK LEFT, STEP ON LEFT, TOUCH RIGHT BESIDE LEFT

25&26 Kick right forward, step home on right, touch left toe beside right
27&28 Kick left forward, step home on left, touch right toe beside left

COASTER STEP BACK ON RIGHT, BIG STEP FORWARD ON LEFT, TOUCH RIGHT BESIDE LEFT

29&30 Step back right, step back left beside left, step forward right
31-32 Big step forward left, touch right beside left

REPEAT

TAG

At the end of walls 3 and 6

1-2 Big step forward right, touch left beside right
3-4 Big step forward left, touch right beside left
