

Doin' It All

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Karl Madden (AUS) & James Madden (AUS)
音樂: I Wanna Do It All - Terri Clark



STEP, HOLD, HIPS TWICE, TOE BACK, UNWIND-HOOK, SHUFFLE

1-4 Stomp right forward, hold, push hips forward, push hips back
5-6 Touch right toe behind left heel, unwind ½ turn right, hook right across left leg
7&8 Shuffle forward right, left, right

STEP, PIVOT ½, KICK BALL-STEP, STOMP LEFT, RIGHT, HEEL BOUNCES TWICE

1-2 Step left forward, pivot ½ turn right, (on the spot)
3&4 Kick left, step left ball back, step right forward
5-8 Stomp left forward, stomp right forward, bounce both heels together twice

RIGHT SAILOR, LEFT SAILOR WITH ¼, STEP, SCUFF, STEP WITH ¼, SCUFF

1&2 Step right behind left, step left to left side, step right to right side
3&4 Step left behind right, step right back into ¼ turn left, step left forward
5-6 Step right forward, scuff left
7-8 Step left forward into ¼ turn left, scuff right

RIGHT HEEL GRIND, ROCK RIGHT BACK, RECOVER, SHUFFLE, FULL TURN WALK

1-4 Grind right heel forward, step left back, rock right back, recover on left
5&6 Shuffle forward right, left, right
7 Turning ½ turn right, step left back
8 Turning ½ turn right, step right forward

SHUFFLE, ROCK RIGHT FORWARD, RECOVER, BACK-CROSS-BACK TWICE

1&2 Shuffle forward left, right, left
3-4 Rock right forward, recover on left
5&6 Step right back, cross left in front of right, step right back
7&8 Step left back, cross right in front of left, step left back

Restart from here on wall 5

ROCK RIGHT BACK, RECOVER, KICK RIGHT, BALL-CHANGE, ¼ PIVOT LEFT, KICK RIGHT, BALL-CHANGE

1-2 Rock right back, recover on left
3&4 Kick right, step onto right ball, step onto left
5-6 Step right forward, pivot ¼ turn left
7&8 Kick right, step onto right ball, step onto left

REPEAT

RESTART

On wall 5, leave off the last 8 counts of the dance