

The Dogs Are Out

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Who Let the Dogs Out - Baha Men



ROCK FORWARD, RECOVER, COASTER STEP; ½ TURN RIGHT, ¼ PADDLE TURN RIGHT. ¼ PADDLE TURN RIGHT

1-2 Rock right forward, recover left
3&4 Back right coaster step
5-6 Step left forward, pivot ½ turn right
&7&8 Hitch left knee and turn ¼ turn right (pivoting on right) while pointing left toe to left side, hitch left knee and turn ¼ right pointing left toe to left side

HITCH, ROCK, RECOVER; SYNCOPATED VINE RIGHT, POINT RIGHT TOE TO RIGHT SIDE, HITCH RIGHT, SYNCOPATED SIDE TOUCHES

&1-2 Hitch left knee, rock left to left side, recover on to right
3&4 Step left behind right, step right to right side, cross left over left
5-6 Point right toe to right side, hitch right knee,
7&8& Point right toe to right side, hitch right knee, point right to right side, hitch right knee, (while right foot is doing above counts, swivel left foot to move body right)

STEP RIGHT TO RIGHT, RECOVER LEFT, SYNCOPATED VINE LEFT, ½ TURN RIGHT, SCOOT FORWARD ON RIGHT 2 TIMES

1-2 Step right to right side, recover left
3&4 Step right behind left, step left to left side, cross right over left
5-8 Step forward left, pivot ½ turn right, scoot forward on right 2 times while hitching left knee (when scooting forward put hands together as if you are pulling a dog's leash connected to a strong dog running ahead of you)

STEP DOWN ON LEFT, TURN ¼ RIGHT, RIGHT SIDE SHUFFLE, LEFT SIDE SHUFFLE

1-4 Step down on left, turn ¼ right (bringing weight to right), step down on left and up stomp right (weight on left)

On count 3 above bring left hand up at chin level with palm up. Repeat with right hand for count 4

5&6 Right side shuffle right, left, right
7&8 Left side shuffle left, right, left

On counts 5&6 above raise right hand above head and rotate in circular motion forward and back with fist closed; on counts 7&8 above raise left hand above head and rotate in circular motion forward and back with fist closed

REPEAT