

# Doctor's Orders

**COPPER KNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Mick Herbert (UK)  
音樂: Honky Tonk Healin' - David Ball



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## JAZZ BOX WITH ¼ TURN RIGHT, KICK BALL CHANGE TWICE

1-2      Cross right over left, step back left  
3-4      Step to right making ¼ turn right, touch left next to right  
5&6      Kick left forward, step onto ball of left, step right next to left  
7&8      Repeat steps 5 & 6

## LEFT & RIGHT SHUFFLES FORWARD, PIVOT ½ TURN RIGHT, WALK FORWARD LEFT, RIGHT

9&10      Step forward left, close right beside left, step forward left  
11&12      Step forward right, close left beside right, step forward right  
13-14      Step forward left, pivot ½ turn right  
15-16      Walk forward left, walk forward right

## TOE STRUTS, ROCKING CHAIR

17-18      Step forward on left toe, drop left heel to floor  
19-20      Step forward on right toe, drop right heel to floor  
21-22      Rock forward left, rock back right  
23-24      Rock back left, rock forward right

## GRAPEVINE WITH ¼ TURN LEFT, STEP TOUCH, STEP SCUFF

25-26      Step left to left side, cross right behind left  
27-28      Step to left making ¼ turn left, touch right next to left  
29-30      Step right to right side, touch left next to right  
31-32      Step left to left side, scuff right forward and across left

**REPEAT**

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