

Do-Ma-Flotchy

拍數: 32 牆數: 4 級數:
編舞者: Alyson Climis (USA)
音樂: You Turn Me On - Tim McGraw



CHASSE RIGHT, ROCK RECOVER: CHASSE LEFT, CROSS UNWIND $\frac{3}{4}$

- 1 Right foot steps to right side
- & Left foot slides in next to right foot taking weight
- 2 Right foot steps to right side
- 3 Rock back onto left foot crossing it behind right foot and angling body slightly to the left
- 4 Rock forward onto right foot straightening out
- 5 Left foot steps to left side
- & Right foot slides in next to left foot taking weight
- 6 Left foot steps to left side
- 7 Right foot crosses behind left foot
- 8 Unwind $\frac{3}{4}$ turn to right ending with weight on left foot

TOUCH RIGHT TOE, LEFT TOE, RIGHT TOE, LEFT TOE; STEP RIGHT, LEFT, PIVOT $\frac{1}{2}$, STEP LEFT

- 1 Right toes touch forward and slightly to the left
- & Right foot steps back
- 2 Left toes touch forward and slightly to the right
- & Left foot steps back
- 3& Repeat counts 1& of this section
- 4 Left toes touch forward and slightly to the right
- & Left foot steps back stepping on ball of foot
- 5 Right foot steps forward
- 6 Left foot steps forward
- 7 Pivot $\frac{1}{2}$ turn to right transferring weight to right foot
- 8 Left foot steps forward

STEP RIGHT, KICK LEFT, COASTER STEP, BUMP RIGHT FOR 2, BUMP LEFT FOR 2

- 1 Right foot steps forward
- 2 Left foot kicks forward low to floor
- 3 Left foot steps back
- & Right foot steps next to left foot
- 4 Left foot steps forward
- 5-6 Right foot steps forward as you bump hips right and right again
- 7-8 Left foot steps forward as you bump hips left and left again

KICK-AND-HEEL, AND JAZZ BOX, BUMP HIPS RIGHT FOR 2

- 1 Right foot kicks forward low to floor
- & Right foot step next to left foot stepping on ball of foot
- 2 Left heel touches forward
- & Left foot steps next to right foot as right knee bends forward
- 3 Right foot crosses in front of left foot taking weight
- 4 Left foot steps back
- 5 Right foot steps to right side
- 6 Left foot steps next to right foot
- 7&& Bump hips, right, center, right, center ending with weight on left foot to

REPEAT

