

Do Your Own Thang

拍數: 32 牆數: 4 級數: Improver
編舞者: Willie Brown (SCO)
音樂: Swingit - Bus Stop



RIGHT, TOGETHER, RIGHT, TOUCH

1-4 Step right foot to the right, step left foot next to right (taking the weight), step right foot to the right, touch left toe next to right foot

LEFT, TOGETHER, LEFT, TOUCH

5-8 Step left foot to the left, step right foot next to left (taking the weight), step left foot to the left, touch right toe next to left foot

STEP FORWARD, ½ PIVOT, STEP FORWARD, CLAP

9-12 Step forward on right foot, turn ½ turn over left shoulder (taking weight on left foot), step forward on right foot, clap your hands

STEP FORWARD, ½ PIVOT, STEP FORWARD, CLAP

13-16 Step forward on left foot, turn ½ turn over right shoulder (taking weight on right foot), step forward on left foot, clap your hands

SKATE RIGHT, HOLD, SKATE LEFT, HOLD

17-20 Step forward on right foot into the right diagonal, hold for one count, step forward on left foot into the left diagonal, hold for one count

SKATE RIGHT, LEFT, RIGHT, HOLD

21-24 Step forward right into right diagonal, left into left diagonal, right into right diagonal, hold for one count

JAZZ BOX WITH ¼ TURN LEFT, SCUFF

25-28 Cross left foot over right, step back on right foot, step left foot ¼ turn to the left, scuff right heel forward against the floor

CROSS, HOLD, TURN, HOLD

29-32 Cross right foot over your left, hold for one count, unwind ½ turn over left shoulder (taking weight on left foot), hold for one count

REPEAT

When doing the skating steps 'shimmy' your hands at waist height (Al Jolson-like). Also, why not try doing the dance in contra-line? The end result gave me the name of the dance because most people end up doing their own thang.