Do You Ever Get Lonely?



拍數: 48 牆數: 2 級數: Intermediate/Advanced

編舞者: Nadia Friel (AUS) 音樂: Lonely - Shannon Noll



TURN ¼ RIGHT, PIVOT ½, PIVOT ¼, CENTER, FORWARD, LOCK, FORWARD, BRUSH BEHIND, BACK, LOCK, BACK, SAILOR ½ TURN LEFT, TOGETHER

1-2& Turn ¼ right and step right forward, pivot ½ left changing weight to left, pivot ¼ and step right

to center, (weight on right) (12:00)

3&4& Step left forward, lock right behind, step left forward, brush right behind left

5&6 Step right back, lock left across right, step right back

7&8& Sailor step turning ½ left stepping left-right-left, step right beside left (6:00)

STEP LEFT AND DRAG RIGHT, FULL TURN RIGHT, CROSS, ¼ LEFT, ¼ LEFT, CROSS, BACK, FULL TURN RIGHT CROSS, SIDE, PIVOT ¼ LEFT AND BRUSH LEFT

1 Step left to side dragging right to left

2&3 Turn ¼ right and step right forward, turn ½ right and step left back, turn ¼ right and step right

to side

&4&5 Cross left in front of right, turn ¼ left and step right back, turn ¼ left and step left to side,

cross right in front of left

&6&7 Rock weight back on right, turn ½ right and step right forward, turn ½ right and step left back,

turn 1/4 right and step right to side

&8& Cross left in front of right, step right to side and pivot ¼ left brushing left foot across right

FORWARD DRAG, FORWARD, TOGETHER, BACK, TOGETHER, FORWARD, BRUSH BEHIND, BACK, LOCK, BACK, SAILOR 1/4 RIGHT, TOGETHER

1-2&3&4& Step left forward and drag right, step right forward, step left together, step right back, step left

together, step right forward, brush left behind right

5&6-7&8& Step left back, lock right across in front of left, step left back, sailor step turning ¼ right

stepping right-left-right, step left together (12:00)

STEP RIGHT AND DRAG LEFT, FULL TURN LEFT, CROSS, ¼ RIGHT, ¼ RIGHT, CROSS, BACK, FULL TURN LEFT, CROSS, SIDE, PIVOT ¼ RIGHT AND BRUSH RIGHT

1-2&3 Step right to side dragging left to right, turn ½ left and step left forward, turn ½ left and step

right back, turn 1/4 left and step left to side

&4&5 Cross right in front of left, turn ¼ right and step left back, turn ¼ right and step right to side

cross left in front of right

Rock weight back on right, turn ½ left and step left forward, turn ½ left and step right back,

turn 1/4 left and step left to side

&8& Cross right in front of left, step left to side and pivot ¼ right brushing right foot across left

STEP RIGHT 45, TOGETHER, STEP RIGHT 45, TOUCH, STEP LEFT 45, TOGETHER, STEP LEFT 45, TOUCH, LARGE STEP BACK RIGHT 45 WHILE DRAGGING LEFT, TOGETHER, STEP DOWN, LARGE STEP BACK LEFT 45 WHILE DRAGGING RIGHT, TOGETHER, STEP DOWN

1&2& Step right forward to right 45, step left beside right, step right forward to right 45, touch left

beside right

3&4& Step left forward to left 45, step right beside left, step left forward to left 45, touch right beside

left

5-6& Large step right back to right 45 dragging left to right, step left together, step right down

beside left

7-8& Large step left back to left 45 dragging right to left, step right together, step left down beside

right

TURN ¼ RIGHT AND STEP RIGHT FORWARD, FORWARD, PIVOT ½ RIGHT, FORWARD, FORWARD, PIVOT ½ LEFT FORWARD, ROCK BACK, TURN ½ RIGHT, FORWARD, ROCK BACK, TOGETHER

1-2&3-4& Turn ¼ right and step right forward, step left forward, pivot ½ right changing weight to right,

step left forward, step right forward, pivot ½ left changing weight to left

5-6&7-8& Step right forward, rock back on left, turn ½ right and step right forward, step left forward,

rock back on right, step left together (weight on left) (hold on wall 6)

REPEAT

RESTART

On 5th wall dance to count 9 and restart dance from beginning. You will be facing the back

PAUSE

At the end of the 6th wall (facing the front) hold still (weight on left) and start the dance from the beginning on the word "me"