Do You Believe In Fate Yes!

級數: Improver

編舞者: Helen A. Cregeen

音樂: Yes! - Chad Brock

HEEL SWITCHES WITH STRUTS

拍數: 32

- 1& Touch your right heel forward, take right back in place
- 2& Touch left heel forward, bring left next to right
- 3-4 Touch right heel forward, slap right toe to the floor
- 5& Touch your left heel forward, take left back in place
- Touch right heel forward, bring right next to left 6&
- Touch left heel forward, slap left toe to the floor 7-8

ROCK STEPS WITH TRIPLE STEPS

- 9-10 Rock forward onto your right foot, then replace weight back onto your left foot
- 11&12 Triple back on a right, left, right
- 13-14 Rock back onto your left foot, then replace weight forward onto your right foot
- Triple forward on a left, right, left 15&16

PIVOT ½ TURN LEFT WITH LEFT HOOK, TRIPLE STEP

- Step forward on your right foot, then pivot 1/2 turn to the left (keep weight on the right foot) as 17-18 you raise your left leg across the shin of your right(hook)
- 19&20 Triple step forward on a left, right, left

SIDE ROCK, SAILOR STEP

- 21-22 Rock to the right side onto right foot, then replace weight onto the left foot
- 23&24 Step right behind left, then take a small step left with the left foot, step slightly forward onto the right foot

CROSS ROCK, SIDE TRIPLE WITH ¼ TURN

- 25-26 Step left across the right and rock diagonally forward, replace weight onto the right foot
- 27&28 Triple step to the left side on a left, right, left as you turn 1/4 to face left wall

PIVOT ½ TURN LEFT WITH KICK BALL CHANGE

- 29-30 Step forward on your right foot, then pivot ¹/₂ turn to the left (weight on your front foot (left)) 31&32 Kick right foot forward, then place your right foot next to left, then replace weight onto the left
- foot

REPEAT





牆數:4