

# Do You Believe

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Johnny T. Darl  
音樂: Believe - Cher



## RIGHT OUT, BEHIND, UNWIND, HOLD, RIGHT PALM, LEFT PALM, HIPS

- 1            Extend right foot out to right side (right arm extends to right)
- 2            Bring right foot back and place behind left foot (right arm crosses heart)
- 3-4        Unwind ½ turn to right (2 count turn - arm remains across heart)
- 5            Raise right hand up to side of right shoulder (palms up)
- 6            Raise left hand up to side of left shoulder (palms up)
- &7&8      Bump hips left, right, left, right (lower arms down to side with twisting style)

## ROCK FORWARD & BACK, FULL TURN, HALF TURN, RUNNING MAN

- 9            Rock forward onto left foot
- 10          Rock back onto right foot
- 11          Step back on left foot while making a ½ turn left
- 12          Step forward on right foot while making another ½ turn left
- 13          Step back on left foot while making a ½ turn left (begin running man)
- &            Slide left foot back
- 14&        Step forward onto right foot, slide right foot back
- 15&        Step forward onto left foot, slide left foot back
- 16          Step forward onto right foot

## ROCK FORWARD, HALF TURN, HALF TURN, OUT, OUT, CLAP, KNEE PUSHES

- 17          Rock forward onto left foot
- 18          Rock back onto right foot while turning ½ turn left on ball of right foot
- 19          Step forward onto left foot while turning ½ turn left on ball of left foot
- 20          Touch right foot down next to left foot
- &            Step right foot out slightly to right
- 21          Step left foot out slightly to left
- 22          Clap
- 23&24     Push knees forward and inward (right, left, right)

**Weight on knee pushes is on opposite (left, right, left) foot**

## &CROSS, HOLD, &CROSS, HOLD, &CROSS,STEP, SAILOR TURN (LEFT-RIGHT-LEFT)

- &            Quick step right foot slightly back
- 25          Cross left foot over right
- 26          Hold
- &            Quick step right foot to right
- 27          Cross left foot over right
- 28          Hold
- &            Quick step right foot to right
- 29          Cross left foot over right
- 30          Step right foot to right
- 31          Cross left foot behind right foot while rotating ¼ turn to left
- &            Step right foot to right
- 32          Step left foot to left

## TOUCHES (RIGHT, LEFT, RIGHT), CROSS, ¾ TURN, BODY ROLL

- 33          Touch right foot to right side

& Bring right foot back to place  
34 Touch left foot out to left side  
& Bring left foot back to place  
35 Touch right foot out to right side  
36 Cross right foot over left foot  
37-38 Unwind  $\frac{3}{4}$  turn to left  
39-40 Body roll forward to back (weight ending on right foot)

#### **KNEE POPS, STEP FORWARD RIGHT, LEFT, TOUCH, SCOOT BACK, SHUFFLE TURN**

41 Pop right knee forward (weight transfer to left foot)  
42 Pop left knee forward (weight transfers to right foot)  
& Transfer weight back to left foot  
43 Step forward on right foot  
44 Step forward on left foot  
45 Touch right foot behind left foot  
& Scoot back on left foot  
46 Step down on right foot  
& Start left  $\frac{1}{2}$  turn on ball of right foot  
47&48 Finish turn as you shuffle (left, right, left)

#### **KICK BALL STEP, KICK BALL STEP, $\frac{1}{2}$ TURN, HOLD, HALF TURN, HOLD**

49 Kick right foot forward  
& Step down onto ball of right foot  
50 Step left foot forward  
51 Kick right foot forward  
& Step down onto ball of right foot  
52 Step left foot forward  
& Pivot  $\frac{1}{2}$  turn to left on ball of left foot (as you start to step forward with right foot)  
53 Step down on right foot  
54 Hold  
& Pivot  $\frac{1}{2}$  turn to left on ball of right foot (as you start to step backward with left foot)  
55 Step down on left foot  
56 Hold

#### **RIGHT KNEE ROLL, LEFT KNEE ROLL, STEP FORWARD RIGHT, LEFT**

57-58 Right knee roll (inside out)  
59-60 Left knee roll (inside out)  
61 Step forward on ball of right foot (heel in air)  
62 Hold  
& Drop right heel  
63 Step forward on ball of left foot (heel in air)  
64 Hold  
& Drop left heel

#### **REPEAT**

This dance was initially released as a 32 count 4 wall line dance. However it was originally choreographed as a 64 count 2 wall line dance. The first 32 counts are the same. However do not dance both versions together, the second 32 counts have a different flow pattern. Both versions are being done. For the more advanced groups I recommend the 64 count version.

-- Johnny T. Darl

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