

Do You Believe

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Johnny T. Darl
音樂: Believe - Cher



RIGHT OUT, BEHIND, UNWIND, HOLD, RIGHT PALM, LEFT PALM, HIPS

- 1 Extend right foot out to right side (right arm extends to right)
- 2 Bring right foot back and place behind left foot (right arm crosses heart)
- 3-4 Unwind ½ turn to right (2 count turn - arm remains across heart)
- 5 Raise right hand up to side of right shoulder (palms up)
- 6 Raise left hand up to side of left shoulder (palms up)
- &7&8 Bump hips left, right, left, right (lower arms down to side with twisting style)

ROCK FORWARD & BACK, FULL TURN, HALF TURN, RUNNING MAN

- 9 Rock forward onto left foot
- 10 Rock back onto right foot
- 11 Step back on left foot while making a ½ turn left
- 12 Step forward on right foot while making another ½ turn left
- 13 Step back on left foot while making a ½ turn left (begin running man)
- & Slide left foot back
- 14& Step forward onto right foot, slide right foot back
- 15& Step forward onto left foot, slide left foot back
- 16 Step forward onto right foot

ROCK FORWARD, HALF TURN, HALF TURN, OUT, OUT, CLAP, KNEE PUSHES

- 17 Rock forward onto left foot
- 18 Rock back onto right foot while turning ½ turn left on ball of right foot
- 19 Step forward onto left foot while turning ½ turn left on ball of left foot
- 20 Touch right foot down next to left foot
- & Step right foot out slightly to right
- 21 Step left foot out slightly to left
- 22 Clap
- 23&24 Push knees forward and inward (right, left, right)

Weight on knee pushes is on opposite (left, right, left) foot

&CROSS, HOLD, &CROSS, HOLD, &CROSS,STEP, SAILOR TURN (LEFT-RIGHT-LEFT)

- & Quick step right foot slightly back
- 25 Cross left foot over right
- 26 Hold
- & Quick step right foot to right
- 27 Cross left foot over right
- 28 Hold
- & Quick step right foot to right
- 29 Cross left foot over right
- 30 Step right foot to right
- 31 Cross left foot behind right foot while rotating ¼ turn to left
- & Step right foot to right
- 32 Step left foot to left

TOUCHES (RIGHT, LEFT, RIGHT), CROSS, ¾ TURN, BODY ROLL

- 33 Touch right foot to right side

& Bring right foot back to place
 34 Touch left foot out to left side
 & Bring left foot back to place
 35 Touch right foot out to right side
 36 Cross right foot over left foot
 37-38 Unwind $\frac{3}{4}$ turn to left
 39-40 Body roll forward to back (weight ending on right foot)

KNEE POPS, STEP FORWARD RIGHT, LEFT, TOUCH, SCOOT BACK, SHUFFLE TURN

41 Pop right knee forward (weight transfer to left foot)
 42 Pop left knee forward (weight transfers to right foot)
 & Transfer weight back to left foot
 43 Step forward on right foot
 44 Step forward on left foot
 45 Touch right foot behind left foot
 & Scoot back on left foot
 46 Step down on right foot
 & Start left $\frac{1}{2}$ turn on ball of right foot
 47&48 Finish turn as you shuffle (left, right, left)

KICK BALL STEP, KICK BALL STEP, $\frac{1}{2}$ TURN, HOLD, HALF TURN, HOLD

49 Kick right foot forward
 & Step down onto ball of right foot
 50 Step left foot forward
 51 Kick right foot forward
 & Step down onto ball of right foot
 52 Step left foot forward
 & Pivot $\frac{1}{2}$ turn to left on ball of left foot (as you start to step forward with right foot)
 53 Step down on right foot
 54 Hold
 & Pivot $\frac{1}{2}$ turn to left on ball of right foot (as you start to step backward with left foot)
 55 Step down on left foot
 56 Hold

RIGHT KNEE ROLL, LEFT KNEE ROLL, STEP FORWARD RIGHT, LEFT

57-58 Right knee roll (inside out)
 59-60 Left knee roll (inside out)
 61 Step forward on ball of right foot (heel in air)
 62 Hold
 & Drop right heel
 63 Step forward on ball of left foot (heel in air)
 64 Hold
 & Drop left heel

REPEAT

This dance was initially released as a 32 count 4 wall line dance. However it was originally choreographed as a 64 count 2 wall line dance. The first 32 counts are the same. However do not dance both versions together, the second 32 counts have a different flow pattern. Both versions are being done. For the more advanced groups I recommend the 64 count version.

– Johnny T. Darl
