Dreams Of Deceit



拍數: 32 牆數: 4 級數: Beginner

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音樂: In My Dreams - The Mavericks



ROCK STEP, CHA-CHA, 1/2 TURN RONDE, CHA-CHA

1 Step out on your right foot to the right
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- Rock forward on your left foot
 Rock back on your right foot
 Step to the left on your left foot
- & Put your right foot next to your left foot
- 5 Step out on your left foot wile doing this turn ¼ over your left shoulder
- 6 Make a ronde with your right foot wile doing this turn 1/4
- 7 Cross your right foot in front of your left foot
- 8 Step out on your left foot to the left & Put your right foot next to your left foot 1 Step out on your left foot to the left

ROCK STEP, RONDE, LOCKSTEP, RONDE, LOCKSTEP, COASTER STEP

- 2 Rock forward on your right foot
- 3 Put your weight on your left foot and make a ronde backwards with your right foot
- 4 Step back on your right foot
- & Lock your left foot in front of your right foot
- 5 Put your weight on your right foot and make a ronde with your left foot
- 6 Step back on your left foot
- & Lock your right foot in front of your left foot
- 7 Put your weight on your left foot and make a ronde with your right foot
- 8 Step back on your right foot
- & Put your left foot next to your right foot
- 1 Step forward on your right foot

WALK, WALK, LOCKSTEP, ROCK STEP TURN 1/2, FULL TURN

- Step forward on your left foot
 Step forward on your right foot
 Step forward on your left foot
- & Lock your right foot behind your left foot
- 5 Step forward on your left foot6 Rock forward on your right foot
- 7 Rock back on your left foot wile doing this turn ½ over your right shoulder
- 8&1 Make a full turn over your right shoulder and end on your right foot

WALK, WALK, LOCKSTEP, 3/4 TURN, HIP MOVEMENTS

- Step forward on your left foot
 Step forward on your right foot
 Step forward on your left foot
- & Lock your right foot behind your left foot
- 5 Step forward on your left foot
- Step forward on your right foot wile doing this turn ¼ over your left foot shoulder
- 7 Finish the turn with ½ over your left shoulder and step out on your left foot
- 8 Put your weight back on your right foot (hip)
- 9 Put your weight back on your left foot (hip)

REPEAT