

Dreams

拍數: 32 牆數: 4 級數:
編舞者: Tracey McIntosh (UK)
音樂: Dreams - The Corrs



½ GRAPEVINE, SHUFFLE, FULL TURN, SHUFFLE

- 1-2 Step right to right side, step left beside right
- 3&4 Step right to side, step left beside right, turn ½ right and step right forward
- 5-6 Step forward left, turn ½ right and step right forward
- 7&8 Turn ½ right and step left to left side, step right beside left, step left to side

SYNCOPATED CROSS AND BACK ROCKS, WALK FORWARD

- 9-10& Cross right over left, rock back on left, step right beside left (angle body diagonally left, but keep facing forward)
- 11-12& Cross left over right, rock back on right, step left beside right (angle body diagonally right, but keep facing forward)
- 13-14 Rock forward right, rock back left (body should now be angled forward)
- 15-16 Step back right, hook left heel just under right knee

ROCK STEP, SHUFFLE WITH ½ TURN, ½ TURN, SHUFFLE

- 17-18 Rock forward left, rock back right
- 19& Turn ½ left and step left to side, step right beside left
- 20 Turn ½ left and step left to side
- 21-22 Step forward right, pivot ½ left taking weight onto left
- 23&24 Step forward right, step left beside right, step forward right

FRONT AND SIDE KICKS, ½ TURN, COASTER STEP, ½ TURN TWICE

- 25 Kick left forward
- 26 Kick left to side and on ball of right foot, pivot ½ turn left
- 27-28 Step back left, step back right, step forward left
- 29-30 Step forward right, front ½ turn left taking weight onto left
- 31-32 Step forward right, front ½ turn left taking weight onto left

REPEAT
