

Dreams

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kash Bane (UK)
音樂: Dreams - The Cranberries



CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, ¼ TURNING SIDE SHUFFLE

- 1-2 Rock right foot in front of left, recover onto left foot
- 3&4 Step right foot to right side, step left foot next to right, step right foot to left side
- 5-6 Rock left foot in front of right, recover onto right foot
- 7&8 Step left foot to left side, step right foot next to left, step left foot forward making a ¼ turn left

FORWARD ROCK, BACK SHUFFLE, BACK ROCK, STEPS

- 1-2 Rock forward on right foot, recover back onto left
- 3&4 Step right foot back, step left foot next to right, step right foot back
- 5-6 Rock left foot back, recover onto right foot
- 7-8 Step left foot forward and to the left, step right foot forward and to the right

SAILOR STEPS MOVING FORWARD, FORWARD ROCK

- 1&2 Step left foot behind right, step right foot forward to the right, step left foot to left side
- 3&4 Step right foot behind left foot, step left foot forward and to the left, step right foot to right side
- 5&6 Step left foot behind right, step right foot forward and to the right, step left foot to left side
- 7-8 Rock right foot forward, recover onto left

½ TURNING SHUFFLE, FULL TURN, JAZZ BOX

- 1&2 Make a ½ turn over right shoulder stepping right forward, step left foot next to right foot, step forward on right foot
- 3-4 Make a ½ turn over right shoulder stepping back on left foot, continue to make a further ½ turn over right shoulder by stepping forward on right
- 5-8 Cross left foot over right, step back on right, step left foot to left side

REPEAT
