

Dreamin' (Down Under)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Improver
編舞者: Michael Barr (USA)
音樂: All That Heaven Will Allow - The Mavericks



ROCK BACK, RETURN, ½ PIVOT, HOLD; BACK, CROSS, SIDE, HOLD; REPEAT

1-2 Rock step back onto left, rock step return onto right (toes pointing to 1 o'clock)
3-4 ½ pivot turn right on ball of right foot stepping back onto left, hold (facing 6 o'clock)
5-6 Step right back, cross left over right
7-8 Step right side right, hold
9-16 Repeat counts 1-8, ending facing the starting wall

The holds in this pattern are not full stops. Keep slow continuous movement into the weight changes.

CROSS, ROCK CENTER, SIDE, HOLD; CROSS, ROCK CENTER, SIDE HOLD

17-18 Cross-step left over right; rock step back center onto right
19-20 Step left side left, hold
21-22 Cross-step right over left, rock step back center onto left
23-24 Step right side right, hold

CROSS, SIDE, BEHIND, SIDE; CROSS, SIDE, BEHIND, SIDE (VINE RIGHT)

25-28 Cross-step left over right, step right side right, step left behind right, step right side right
29-32 Cross-step left over right, step right side right, step left behind right, step right side right

FORWARD, CENTER, BACK, CENTER; FORWARD ½ PIVOT, FORWARD ½ PIVOT

33-34 Rock step left forward lifting right heel off floor, return right heel center
35-36 Rock step left back lifting right ball/toe off floor, return right ball/toe center
37-38 Step left forward, pivot ½ turn right on ball of right foot
39-40 Step left forward, pivot ½ turn right on ball of right foot

SIDE, BEHIND, SIDE, CROSS; SIDE, BEHIND, SIDE, CROSS (VINE LEFT)

41-44 Step left side left, step right behind left, step left side left, cross-step right over left
45-48 Step left side left, step right behind left, step left side left, cross-step right over left

CROSS, ROCK CENTER, SIDE, HOLD; CROSS, ROCK CENTER, SIDE, HOLD

49-50 Cross-step left over right, rock step back center onto right
51-52 Step left side left, hold
53-54 Cross-step right over left, rock step back center onto left
55-56 Step right side right, hold

FORWARD HIP PIVOTS

57 Step left forward onto ball of left foot lifting right heel off floor, push left hip forward and begin ¼ pivot right on ball of right foot
58 Complete ¼ pivot right and return right heel to floor (facing 3 o'clock)
59-64 Repeat counts 57-58 three more times, ending where you started (12 o'clock)

These hip pivots are as fluid as you can make them (not military). Starting the pivot at the end of count 1 and finishing at count 2 will allow for a softer turn.

REPEAT