

Dreamgirls

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jan van den Bos (NL)
音樂: Oh Carol Medley - The Deans



SIDE, HOLD, REVERSE SAILOR ¼ LEFT, HOLD, ½ LEFT TURN, ¼ LEFT SIDE

1-4 Step right to the right, hold, cross step left over right, step right to the right
5-8 Step left turning to the left ¼, hold, turn ½ left stepping back on right, turn ¼ left stepping left to the left

CROSS, UNWIND ¾ LEFT TURN, STEP, LOCK, STEP, HOLD

1-4 Cross step right over left, unwind ¾ left in 3 counts, weight remains on right
5-8 Step left forward, lock right behind left, step left forward, hold

ROCK STEP, BACK, HEEL, STEP, TAP (BEHIND), BACK, KICK

1-4 Rock forward on right, recover on left, step right backwards, touch right heel forward
5-8 Step left down, touch right toe behind left, step right backwards, kick left diagonal forward

¼ LEFT COASTER, HOLD, PADDLE ¼ LEFT TURN TWICE (6:00)

1-4 Turn ¼ left stepping left backwards, step right together, step left forward, hold
5-8 Step right forward, turn ¼ left, step right forward, turn ¼ left

CROSS, HOLD, SIDE ROCK, CROSS, HOLD, SIDE, BEHIND

1-4 Cross step right over left, hold, rock left to the left, recover on right
5-8 Cross step left over right, hold, step right to the right, cross step left behind right

¼ RIGHT TURN STEP, HOLD, STEP, FULL TURN RIGHT, BACK, HOLD, BEHIND, SIDE

1-4 Step right turning to the right ¼, hold, step left forward, pivot ½ right shifting weight to right
5-8 Pivot ½ right stepping left backwards, hold, cross step right behind left, step left to the left

CROSS, HOLD, BACK, SIDE, CROSS, HOLD, BACK, SIDE (MODIFIED JAZZ BOXES)

1-4 Cross step right over left, hold, step left backwards, step right to the right
5-8 Cross step left over right, hold, step right backwards, step left to the left

ROCK STEP, BACK ROCK, SWAY RIGHT, LEFT, RIGHT, LEFT

1-4 Rock right forward, recover on left, rock right backwards, recover on left
5-8 Rock right to the right, push hips left, push hips right, push hips left

REPEAT
