

Dreamgirl

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音樂: If You Ever Saw Her - Ricky Martin



RIGHT SIDE SHUFFLE, LEFT JAZZ BOX TURNING ¼ LEFT, LEFT FORWARD SHUFFLE

1&2 Step right foot to right side, step left foot together, step right foot to right side
3-4 Cross step left foot over right, step right foot back
5-6 Step left foot to left side turning ¼ left, step right foot forward
7&8 Step left foot forward, step right foot together, step left foot forward

RIGHT SIDE SHUFFLE, LEFT JAZZ BOX TURNING ¼ LEFT, LEFT FORWARD SHUFFLE

1-8 Repeat counts 1-8

RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT SCUFF & TOUCH, RIGHT FORWARD SHUFFLE, LEFT FORWARD, ½ RIGHT PIVOT TURN

1-2 Step right foot forward, pivot ½ left
3-4 Scuff right foot forward, touch right toes forward
5&6 Step right foot forward, step left foot together, step right foot forward
7-8 Step left foot forward, pivot ½ right

LEFT SIDE ROCK & RECOVER, LEFT CROSSING SHUFFLE, RIGHT SIDE ROCK & RECOVER, ¾ LEFT SWEEP

1-2 Rock left foot to left side, recover weight on right foot
3&4 Cross step left foot over right, step right foot to right side, cross step left foot over right
5-6 Rock right foot to right side, recover weight on left foot
7-8 Sweep right foot around turning ¾'s left (weight remains on left foot)

WALK FORWARD 2, RIGHT & LEFT APART, HIP BUMPS LEFT/RIGHT/LEFT, FORWARD SHUFFLE

1-2 Step right foot forward, step left foot forward
&3-4 Step right foot apart, step left foot apart, bump hips left
5-6 Bump hips right, bump hips left
7&8 Step right foot forward, step left foot together, step right foot forward

LEFT FORWARD ROCK & RECOVER, ¾ LEFT TURNING TRIPLE, RIGHT SIDE TOE STEP, LEFT CROSSING TRIPLE

1-2 Rock left foot forward, recover weight on right foot
3&4 Turning ½ left step left foot forward, turning ¼ left step right foot together, step left foot together
5-6 Touch right toes to right side, press right heel down
7&8 Cross step left foot over right, step right to right side, cross step left foot over right

RIGHT SIDE ROCK & RECOVER TURNING ¼ LEFT, RIGHT FORWARD SHUFFLE, LEFT SCUFF & TOUCH, LEFT FORWARD SHUFFLE

1-2 Rock right foot to right side, recover weight on left foot turning ¼ left
3&4 Step right foot forward, step left foot together, step right foot forward
5-6 Scuff left foot forward, touch left toes forward
7&8 Step left foot forward, step right foot together, step left foot forward

STEP RIGHT & LEFT APART, HOLD FOR 3, RIGHT SAILOR STEP, ¼ LEFT & LEFT COASTER STEP

&1-2 Step right foot apart, step left foot apart, hold
3-4 Hold keeping weight on left foot (or bump hips right, left as an option)

5&6

Cross step right foot behind left, step left foot left, step right foot slightly right

7&8

Turning $\frac{1}{4}$ left step left foot back, step right foot together, step left foot together

REPEAT
