

Dreamfields

拍數: 60 牆數: 2 級數: Intermediate waltz
編舞者: Noel Castle (AUS)
音樂: Fields Of Forever - Rick Tippe



FORWARD, SWING, LIFT- CROSS, BACK, CLOSE

1-3 Step forward on left, swing right forward, lift left heel
4-6 Cross right over left, step back on left, step right next to left

FORWARD, SWING, LIFT - CROSS, ¼ TO THE RIGHT, CLOSE

1-3 Step forward on left, swing right forward, lift left heel
4-6 Cross right over left, step back on left making ¼ turn to the right, step right next to left

FORWARD, FORWARD, TOGETHER - BACK, BACK, TOGETHER

1-3 Left long step forward, right short step forward, left step next to right
4-6 Right long step back, left short step back, right step next to left

ROCK, ROCK, POINT - SIDE, BEHIND, SIDE (VINE LEFT)

1-3 Rock step left over right, rock step back onto right, point/touch left toe front
4-6 Left side, cross right behind left, left side

ROCK, ROCK, POINT - SIDE, BEHIND, SIDE (VINE RIGHT)

1-3 Rock step right over left, rock step back onto left, point/touch right toe front
4-6 Right side, cross left behind right, right side

CROSS, POINT, LIFT - CROSS, POINT, LIFT

1-3 Cross left in front of right, point/touch right side, lift right leg & raise left heel
4-6 Cross right in front of left, point/touch left side, lift left leg & raise right heel

Keep leg extended to side on lift

FORWARD, FORWARD, TOGETHER - ¼ TO THE RIGHT, BACK, TOGETHER

1-3 Left long step forward, right short step forward, left step next to right
4-6 Right step back into ¼ turn to the right, left short step back, right step next to left

CROSS, BACK, BACK - CROSS, BACK, BACK

1-3 Cross left in front of right, right step back, left step back
4-6 Cross right in front of left, left step back, right step back

¼ TO THE RIGHT, POINT, HOLD - ¼ TO THE RIGHT, POINT, HOLD

1-3 Left step into ¼ turn to the right, point/touch right side (look over right shoulder), hold
4-6 Right step into ¼ turn to the right, point/touch left side (look over left shoulder), hold

¼ TO THE RIGHT, POINT, HOLD - ¼ TO THE RIGHT, HOLD, HOLD

1-3 Left step into ¼ turn to the right, point/touch right side (look over right shoulder), hold
4-6 Right step into ¼ turn to the right, hold, hold

Keep left leg extended on "hold" counts

REPEAT

For more challenging intermediate level

PART C

FORWARD, FORWARD, TOGETHER - ¼ TO THE RIGHT, ½ TO THE RIGHT, ¼ TO THE RIGHT (ROLLING FULL TURN BACK)

- 1-3 Left long step forward, right short step forward, left step next to right
4-6 Right step back into $\frac{1}{4}$ turn to the right, left step forward into $\frac{1}{2}$ turn to the right, right step back into $\frac{1}{4}$ turn to the right

PART G

FORWARD, FORWARD, TOGETHER - $\frac{1}{4}$ TO THE RIGHT, $\frac{1}{2}$ TO THE RIGHT, $\frac{1}{2}$ TO THE RIGHT (ROLLING 1 $\frac{1}{4}$ TURN BACK)

- 1-3 Left long step forward, right short step forward, left step next to right
4-6 Right step back into $\frac{1}{4}$ turn to the right, left step forward into $\frac{1}{2}$ turn to the right, right step back into $\frac{1}{2}$ turn to the right
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