Dream Waltz



拍數: 48 牆數: 1 級數: Improver

編舞者: Irene Groundwater (CAN)

音樂: My Heart Cries for You - Red Foley



FORWARD, SIDE, REPLACE, CROSS, UNWIND 1/2 TURN LEFT FOR TWO COUNTS

1-3 Left forward, sidestep right, left steps in place

4-6 Cross right over left, unwind for two counts (making ½ turn left)

Optional - dip right shoulder on cross step and straighten body on next 2 counts holding arms outstretched

SIDE, TOGETHER, TOGETHER, FORWARD, DRAG, TOUCH

7-9 Sidestep left, close right to left, left steps in place

10-12 Right forward, drag left towards right, left touches beside right

BACK, ¼ TURN RIGHT, CLOSE, ¼ TURN RIGHT, POINT LEFT TOE TO LEFT, HOLD

13-15 Left back, right back making ¼ turn right, close left to right

16-18 Right forward making ¼ turn right, point left toe out to left side, hold

Optional - on steps 17 and 18 arms are outstretched and head faces left

1/2 TURN LEFT, POINT RIGHT TOE TO RIGHT, HOLD, BACK, DRAG, CLOSE

19-21 Left back making ½ turn left, point right toe out to right side, hold

22-24 Right back, drag left towards right, left closes to right Optional - on steps 20 and 21 arms are outstretched and head faces right

FORWARD, SIDE, REPLACE, CROSS, UNWIND ½ TURN RIGHT FOR TWO COUNTS

25-27 Right forward, sidestep left, right steps in place

28-30 Cross left over right, unwind for two counts (making ½ turn right)

Optional - dip left shoulder on cross step and straighten body on nest 2 counts holding arms outstretched

SIDE, TOGETHER, TOGETHER, FORWARD, DRAG, TOUCH

31-33 Sidestep right, close left to right, right steps in place

34-36 Left forward, drag right towards left, right touches beside left

BACK, 1/4 TURN LEFT, CLOSE, 1/4 TURN LEFT, POINT RIGHT TOE TO RIGHT, HOLD

37-39 Right back, left back making ¼ turn left, close right to left

40-42 Left forward making 1/4 turn left, point right toe out to right side, hold

Optional - on steps 41 and 42 arms are outstretched and head faces right

1/2 TURN RIGHT, POINT LEFT TOE TO LEFT, HOLD, BACK, DRAG, CLOSE

43-45 Right back making ½ turn right, point left toe out to left side, hold

46-48 Left back, drag right towards left, right closes to left

Optional - on steps 44 and 45 arms are outstretched and head faces left

REPEAT

To make this into a two-wall, 24 count beginner dance - dance steps 1 to 21 as shown above then BACK, TOGETHER, TOGETHER

22-24 Right back, close left to right, right steps in place

Start again from beginning