Dream Shore



拍數: 32 牆數: 4 級數: Improver

編舞者: Tanya Imesch (CH) & Sven CESARO (CH)

音樂: Everybody Cha-cha (The A Mix) - Cecil, Jonni, Lauro



STEP RIGHT SIDE, LEFT SAILOR STEP 1/4 TURN LEFT, RIGHT SHUFFLE FORWARD, STEP LEFT, UNWIND RONDE 3/4 RIGHT, BEHIND, SIDE, CROSS

1	Step right to right side

2&3 Step left behind right, step right to right side, make ¼ turn left and step left forward

4&5 Step right forward, step left next to right, step right forward

6-7 Step left forward, weight on left, unwind ¾ turn right lifting and sweeping right leg around

8&1 Cross right behind left, step left to left side, cross right over left

STEP LEFT SIDE, RIGHT NEXT LEFT, LEFT SHUFFLE LEFT SIDE, HOLD, STEP LEFT SIDE, 1/4 TURN LEFT, HIPS RIGHT-LEFT

2-3 Step left to left side, step right next to left

4&5 Step left to left side, step right next to left, step left to left side

6 Hold

87 Step right next to left, make ¼ turn to the left and step left forward
8-1 Step right to right side and push hips to the right, push hips to the left

½ TURN LEFT, PRESS RIGHT, SLIDE RIGHT, RIGHT COASTER STEP, LEFT SHUFFLE FORWARD

2& Step right back, make ¼ turn left and step left to left side

3 Make ¼ turn left and step right forward

Slide and bring back right next to left on two counts
Step right back, step left next to right, step right forward
Step left forward, step right next to left, step left forward

RIGHT MAMBO FORWARD, LEFT MAMBO BACKWARD, STEP RIGHT SIDE, HIPS RIGHT-LEFT (WITH HANDS), RIGHT SHUFFLE RIGHT SIDE

2&3 Rock right forward, recover on left, step right next to left 4&5 Rock left back, recover on right, step left next to right

6-7 Step right to right side and push hips to the right, push hips to the left

During the hips movement, arms are above your head - the back of the left hand is in right hand palm

8& Step right to right side, step left next to right

REPEAT