

Dr Jones

拍數: 0 牆數: 1 級數: Improver
編舞者: Anne Braddon
音樂: Doctor Jones - Aqua



Sequence: Part A is danced to the Chorus: Part B to the verse. (I)I)ABBBABBBABBAB(E)

INTRODUCTION (OPTIONAL)

- 1-2 Right arm out in front palm downwards
- 3-4 Left arm out in front palm downwards
- 5-6 Rotate right hand and arm to palm upwards
- 7-8 Rotate left hand and arm to palm upwards
- 9-10 Right hand and arm down to line dance position
- 11-12 Left hand and arm down to line dance position
- 13-16 Shimmy/twist on the spot twice

PART A

First time dance only steps 1-16

- 1-2 Shuffle forward right
- 3-4 Shuffle forward left
- 5-6 Shuffle forward right
- 7-8 Shuffle forward left
- 9 Jump feet astride
- 10 Jump feet crossed (right over left)
- 11 Jump half turn to left feet astride
- 12 Jump feet together
- 13 Jump feet astride
- 14 Jump feet crossed (right over left)
- 15 Jump half turn to left feet astride
- 16 Jump feet together

- 17-18 Shuffle back right
- 19-20 Shuffle back left
- 21-22 Shuffle back right
- 23-24 Shuffle back left
- 25 Jump feet astride
- 26 Jump feet crossed (right over left)
- 27 Jump half turn to left feet astride
- 28 Jump feet together
- 29 Jump feet astride
- 30 Jump feet crossed (right over left)
- 31 Jump half turn to left feet astride
- 32 Jump feet together

PART B

- 1-2-3 Heels forward and back right, left, right
- 4 Keep right forward clap
- 5-8 Grapevine right clap
- 9-12 Grapevine left clap
- 13-14 Shuffle forward right
- 15-16 Rock forward on left and back on right

17-18	Shuffle back left
19-20	Rock back on right and forward on left
21-22	Shuffle forward right
23-24	Left foot pivot half turn to right
25-26	Left foot pivot half turn to right
27	Jump feet astride
28	Jump feet crossed (right over left)
29	Jump feet astride
30	Jump right slightly forward
31-32	Grind on the spot

END (FADE OUT)

Raise up both arms to above head and drop to sides once
