

拍數: 32 牆數: 4 級數: Beginner
編舞者: Unknown
音樂: Dr. C.C. - Clarence Carter



HEEL, HOME / TOE HOME

- 1 Weight on right foot, touch left heel forward
- 2 Bring left foot home, weight on it
- 3 Weight remaining on left foot, touch right toe behind left foot
- 4 Bring right foot home, weight on it

HEEL, HOME / TOE HOME

- 5 Weight remaining on right foot, touch left heel forward
- 6 Bring left foot home, weight on it
- 7 Weight ending on left foot, touch right toe behind left foot
- 8 Bring right foot home, weight on it

HEEL, HEEL / TOE, TOE

- 9 Weight remaining on right foot, tap left heel forward
- 10 Weight remaining on right foot, tap left heel forward again
- 11 Weight remaining on right foot, tap or touch left toe behind
- 12 Weight remaining on right foot, tap or touch left toe behind again

FRONT / SIDE

- 13 Weight remaining on right foot, point / touch left toe forward
- 14 Weight remaining on right foot, point / touch left toe out to left side

TRIPLE BACK / TRIPLE BACK / TRIPLE BACK/ TRIPLE BACK

- 15 Step left foot back to begin left-right-left triple step back, weight on it
- & Step right foot quickly back, weight on it
- 16 Step left foot back, weight on it
- 17 Continue to right-left-right triple step back, by stepping right foot back, weight on it
- & Step left foot quickly back, weight on it
- 18 Step right foot back, weight on it
- 19 Continue to left-right-left triple step back, by stepping left foot back, weight on it
- & Step right foot quickly back, weight on it
- 20 Step left foot back, weight on it
- 21 Finish 4th triple (right-left-right) step back, by stepping right foot back, weight on it
- & Step left foot quickly back, weight on it
- 22 Step right foot back, weight on it

STEP / SLIDE / STEP / TURN

- 23 Step left foot forward, weight on it
- 24 Slide right foot up behind left in a lock step, weight on right foot
- 25 Step left foot forward, weight on it
- 26 Pivot on ball of left foot, turning ¼ left, weight ending on left

VINE, 2, 3, 4

- 27 Immediately cross right foot over left foot, weight on right foot
- 28 Step left foot to left side, weight on it
- 29 Step right foot behind left foot, weight on right foot

30 Step left foot to left side, weight on it

STOMP / STOMP /STOMP

31 Stomp right foot in place, weight on it

& Stomp left foot in place, weight on it

32 Stomp right foot in place, weight on it

REPEAT
