

Downtown

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Suzanne Bonett (USA)
音樂: Uptown Girl - Westlife



- 1-2 Rock forward on left, rock back on right
3&4 Turn $\frac{1}{2}$ left shuffle forward left - left forward, right together, left forward
5-6 Turn $\frac{1}{2}$ left - step back on right toe, drop right heel
7-8 Turn $\frac{1}{2}$ left - step forward on left heel, drop left toe
- 1-2 Stepping right to right side, rock onto right, rock onto left
3&4 Right sailor step - step right behind left, left to side, right to side
5-6 Step left behind right, unwind $\frac{1}{2}$ left
7-8 Touch right toe beside left, kick right foot forward
- &1&2 Step right to center, touch left heel forward, step left to center, touch right heel forward
3-4 Touch right toe back, pivot $\frac{1}{2}$ right (keep weight on left foot and right toe pointed)
5&6 Touch right heel forward, step right to center, touch left heel forward
&7-8 Step left to center, rock back right, rock forward left
- 1-2 Left paddle turn - step forward right, pivot $\frac{1}{4}$ left
3&4 Cross shuffle left - right across left, left to side, right across left
5-6 Step back left turning $\frac{1}{4}$ right, step forward right turning $\frac{1}{4}$ right
7-8 Step forward left, pivot $\frac{1}{2}$ right
- &1-2 Step left to left, step right to right, hold and clap
&3-4 Step right to center, step left to center, hold and clap (weight on left foot)
5&6 Right shuffle forward - right forward, left together, right forward
7&8 Left shuffle forward - left forward, right together, left forward
- 1&2 Right side shuffle - right side, left together, right side
3-4 Rock back left, rock forward right
5-6 $\frac{1}{2}$ turn right - step back left turning $\frac{1}{4}$ right, turning another $\frac{1}{4}$ right step right to side
7&8 Cross shuffle right, - left across right, right to side, left across right
- 1-2 Stepping right to right side, rock onto right, rock left
3&4 Step right behind left, left to side, right across left
5-6 Step forward on left, pivot $\frac{1}{2}$ right
7&8 Turning $\frac{1}{4}$ right shuffle to the left - left to side, right together, left to side
- 1-2 Rock back right, rock forward left
3-4 Step right to side, step left behind right
5&6 Turning $\frac{1}{4}$ right, shuffle forward on right - step right forward, left together, right forward
7-8 Full turn to the right stepping left, right

REPEAT