# Down To The River Skinny Dippin'



編舞者: Jeannie Woolman (USA)

音樂: The Stripper - Joe Loss and His Orchestra



### CROSS STEP, STEP HOP AND TOUCH

1 Cross step left foot over front of right foot

2 Step right foot to right side

Touch left heel to left side at a 45 degree angle holding both arms straight at same angle with

palms out, fingers up (like telling someone to stop) dropping right should slightly

& Quickly step/hop left foot next to right foot dropping hands down

4 Touch right toe next to left foot

## HIP BUMPS (EXAGGERATE THE HIP MOVEMENT)

Step right foot forward bumping hips out
 Shift weight onto left bumping hips back
 Shift weight onto right leg bumping hips out
 Step left foot forward bumping hips out
 Shift weight onto right leg bumping hips back

8 Shift weight onto left leg bumping hips out (weight on left leg)

## CROSS STEP, STEP HOP AND TOUCH

9 Cross step right foot over front left foot

10 Step left foot to left side

Touch right heel to right side at a 45 degree angle holding both arms straight at same angle

with palms out, fingers up (like telling someone to stop) dropping left shoulder slightly

& Quickly step/hop right foot next to left foot dropping hands down

12 Touch left toe next to right foot

### HIP BUMPS AND ROCK

Step left foot forward bumping hips out
Shift weight onto right leg bumping hips back
Shift weight onto left leg bumping hips out

15 Rock forward onto right foot

16 Rock back onto left foot kicking right foot slightly forward

## **MONTEREY TURN**

17 Touch right toe to right side

Step right foot next to left foot turning ½ backward to right (right shoulder goes back and to

right)

Touch left toe to left sideStep left foot next to right foot

### SHUFFLE TO RIGHT, KICK AND CROSS

21 Step right foot to right side (travel with shuffles)

& Quickly step left foot next to right foot

22 Step right foot to right side

23 Kick left foot forward

24 Step left foot across front and to right side of right foot with slight bow forward lifting right foot

slightly at same time

#### **MONTEREY TURN**

25	Touch right toe to right side
26	Step right foot next to left foot turning $\frac{1}{2}$ backward to right (right shoulder goes back and to right)
27	Touch left toe to left side
28	Step left foot next to right foot

## SHUFFLE TO RIGHT AND ½ TURN

29	Step right foot to right side
&	Quickly step left foot next to right foot
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30 Step right foot to right side 31 Step left foot forward

32 Turn ½ right shifting weight to right foot

## **REPEAT**