Down The Chip Shop

級數: Intermediate/Advanced

編舞者: Jenny Constantine (UK)

音樂: There's a Guy Works Down the Chip Shop Swears He's Elvis - Kirsty MacColl

Sequence: A, A?, B, A, A ?, B, B, B, Tag

拍數: 0

SECTION A

KICKBALL CHANGE, TOE HEEL CROSS, TOE HEEL, ROCK RIGHT BACK

- &1&2 Start with weight on right, transfer weight to left. Kick right foot forward, touch right in place, step left in place.
- 3-4 Cross right toe over left foot, place right heel down
- 5-6 Touch left toe to left side, push left heel down
- 7-8 Rock right foot behind left, put weight on left.

RIGHT STEP, ROCK, LEFT STEP, ROCK

- 9-10 Step right to right side, hold
- 11-12 Rock onto left foot behind right, place weight on right
- 13-14 Step left to left side, hold
- 15-16 Rock onto right foot behind left, place weight on left

2 FULL TURNS TO RIGHT, ROCK BACK ON RIGHT, WALK RIGHT, LEFT

- 17-18 Step right back, turn half to face back, step forward on left and keep turning to face front, changing weight to left.
- 19-20 Repeat a 17,18
- 21-22 Place right behind left with weight and move weight back to left
- 23-24 Step right foot forward, step left forward

If the double spin (17-20) is too difficult it can be replaced by walking back on the right, left, right, left

4 TOE HEEL STRUTS FORWARD

- 25-26 Place right toe forward, push right heel down
- 27-28 Place left toe forward, push left heel down
- 29-32 Repeat 25-28

RIGHT KICK, TOUCH, RIGHT POINT, TOGETHER. LEFT KICK, TOUCH, LEFT POINT, TOGETHER

- 33-34 Kick right foot forward and touch it next to left
- 35-36 Point right toe to right side, place it next to left
- 37-38 Kick left foot forward and touch it next to right
- 39-40 Point left toe to left side, touch next to right (no weight)

TWO SYNCOPATED SAILOR STEPS BACK RIGHT AND LEFT

- 41-42 Place left foot behind right, hold
- &43-44 Put right foot to right side slightly lifting left foot, quickly transfer weight to left, hold
- 45-46 Place right foot behind left, hold
- &47-48 Put left foot to left side slightly lifting rfoot, quickly transfer weight to right, hold

Extra part of A for 2nd and 5th sequences, i.e. whenever A goes into B

- 49-56 Left shuffle, right half turn, right half turning shuffle, left rock step
- 49&50 Step left forward bring right to it, step left forward again
- 51-52 Step forward on right, turn half turn left
- 53&54 Step forward on right, turning half turn bring left to it, step back on right
- 55-56 Step back on left with weight, rock weight back onto right





牆

牆數:1

SECTION B

LEFT AND RIGHT FOOTWORK

- 1-2 Extend left heel, hook left heel under right knee
- 3-4 Extend left heel, touch left toe to left side with left heel in the air
- &5-6 Switch weight to left while extending right heel, hook right heel under left knee
- 7-8 Extend right heel, touch right toe to right side with right heel in the air.

KNEE IN AND OUT AS IN TWIST

- 9-10 Move knee out to right and in again
- 11-12 Slightly leaning to right repeat 9,10
- 13-14 Leaning further out to right repeat 9,10
- 15-16 Moving back to center repeat once more

RIGHT AND LEFT HEEL SWITCHES WITH DOUBLE HEELS

- 17&18 Extend right heel, put right foot in place with weight, extend left heel
- &19-20 Put left foot in place with weight, extend right heel and touch in the same place again
- &20&21 Put right foot in place with weight, extending left heel. Put left foot in place with weight, extending right heel.
- &23-24 Put right foot in place with weight, extending left heel, touch left heel in the same place again.

HIP BUMPS

- 25-26 Bump hips to left, hold
- 27-28 Bump hips to right, hold
- 29-32 Bump hips to left, right, left, right

POINT RIGHT TOE FORWARD AND BACK, KICK CROSS UNWIND

- 33-34 Point right toe diagonally in front of left, point right toe diagonally behind left
- 35-36 Step forward on right, kick left foot
- 37-40 Cross left over right and unwind a full turn to face front

LEFT TOE IN, OUT, IN, OUT

- 41-42-43 Extend left toe to left side, touch left toe next to right, extend left toe to left side
- &44 Quickly touch left toe next to right, extend left toe to left side using left hip and hand palm down.
- 45-48 Hold

RIGHT FOOT OUT, LEFT FOOT OUT, HIP BUMPS

- 49-50 Sweep right foot round in a small circle, place slightly on right diagonal
- 51-52 Sweep left foot round in a small circle, place slightly on left diagonal
- 53-56 Bump hips to right, left, right, left

ROLLING HIP PUSHES, FULL BODY ROLL

- 57-58 Bend knees and roll hips forward (as in the beginning of a body roll)
- 59-60 Repeat b 57,58
- 61-64 Do a full body roll, hold

TAG

Starting at the end of the final part B (counts 57-64), turn a quarter right as you do the hip pushes. Repeat part B 49-64 turning quarter right on the rolling hip pushes. You should finish facing the starting wall.